



SRI RAMACHANDRA
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Category - I Deemed to be University) Porur, Chennai



Bridges

Newsletter of SRIHER (DU)

May 2026

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FROM THE EDITOR'S DESK

As the academic year transitions and the summer season unfolds, Sri Ramachandra Institute of Higher Education and Research (SRIHER) continued to uphold its commitment to excellence through impactful healthcare initiatives, professional development programmes, academic engagements, and community outreach. The diverse activities featured in this issue reflect our unwavering dedication to advancing education, patient care, research, and social responsibility.

The month was particularly special as we honoured the invaluable contributions of our nursing fraternity. The Integrated Nursing Unit of Service and Education, SRIHER (DU), celebrated International Nurses Day 2026 with a week-long series of programs and a grand celebration recognising the dedication, compassion, and professionalism of our nurses.

A notable highlight of the month was the Dept. of Cardiology & free cardiac screening camp providing cardiovascular evaluation to members of the community and reinforcing SRIHER & commitment to preventive healthcare beyond the campus. Equally significant was the observance of World Asthma Day by the Dept. of Paediatric Medicine, which combined academic sessions, public awareness programmes, and hands-on clinical workshops to promote better asthma care and management.

May also celebrated the spirit of professional excellence and lifelong learning. The Sri Ramachandra Faculty of Audiology, Speech Language and Pathology successfully conducted its 24th Annual General Body Meeting, bringing together alumni and professionals for meaningful academic interaction and knowledge sharing.

As you turn the pages of this edition of Bridges, you will discover many inspiring stories that showcase the collective efforts of our faculty, clinicians, students, researchers, alumni, and healthcare professionals. Together, they continue to build bridges between knowledge and innovation, education and service, and the university and the communities we proudly serve.

Dr. V. Deepa Parvathi
Managing Editor

ALUMNI CORNER

Congratulations!



Prof. P. Antony Leo Aseer (M.P.T - Orthopaedics & Traumatology 1999-2001), Principal, Sri Ramachandra Faculty of Physiotherapy, SRIHER, was honoured with the 'Professional Excellence in Education Award' at the CHETPHYSIOCON 2026 (The International Physiotherapy Conference) held on 9th May at Chettinad Academy of Research and Education (CARE), Chennai.

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Sri Ramachandra Faculty of Audiology, Speech Language and Pathology conducted their 24th Annual General Body meeting on 1st May in Chennai. A lecture on 'Prelinguistics and Play: Foundations of Language' was organised. 70 alumni attended.



Bachelor of Physiotherapy (2001-2005) organised their Silver Jubilee Celebration and alumni reunion on 16th May in the University campus. 20 alumni attended.

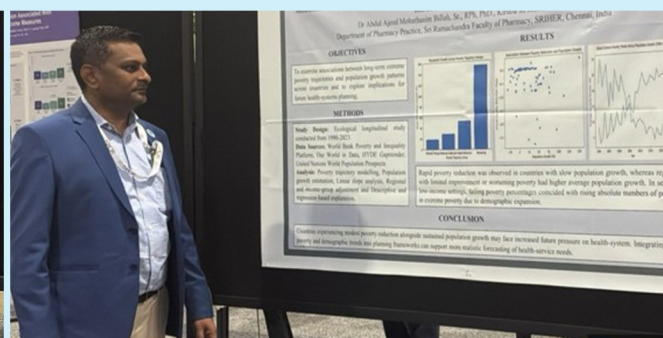
AWARDS & RECOGNITIONS



Dr. Ashish Molleti and Dr. Prakash Velusamy, III yr. DM Cardiology secured First Prize in the All India Level Quiz Competition at the CHIP India Summit 2026, held from 1st to 3rd May at Chennai.

Dept. of Pharmacology SRMC&RI has been recognised by the Indian Pharmacopoeia Commission, under the Materiovigilance Programme of India (MvPI), as one of the 34 Medical Device Adverse Event Monitoring Centres for the year 2025 in recognition of Excellence in patient safety.

AWARDS & RECOGNITIONS



Dr. Swathy Govindaswamy, Asst. Prof., Dept. of Pharmacy Practice, Sri Ramachandra Faculty of Pharmacy, attended the International Society for Pharmacoeconomics and Outcomes Research (ISPOR 2026) Conference held in Philadelphia from 17th to 20th May. She is a recipient of the prestigious ISPOR Travel Grant Award. She presented two research posters titled 'Burden of Hypertension among Patients with Type 2 Diabetes Mellitus in India: Evidence from a Systematic Review, Meta-Analysis, and Real-World Observational Study' and 'Cross-Sectional Real-World Evaluation of Glycemic Control, Hypertension, Lifestyle Factors, and Drug Utilization Patterns among 500 Patients with Type 2 Diabetes Mellitus in India'. Dr. A. Mohathasim Billah, Prof., presented a research paper titled 'Modelling Associations Between Extreme Poverty Trajectories and Population Growth for Health Systems Planning' at the conference.



Dr. Arthimeena V.R., I yr., MD Pharmacology secured 1st prize for the poster titled 'Decoding Imeglimin's dual action in PCOS by targeting KNDy Axis and IRS1/AKT Signalling via *in silico* approach' at the MPSCON 2026 (Medical Pharmacologists Society Conference), organised by the Depts. of Pharmacology and Physiology, CDSIMER, Dayananda Sagar University, Bengaluru, held on 21st and 22nd May. Dr. Jannathul Firdouse, II yr., MD Pharmacology secured 4th place in the Quiz Competition held at the conference.

HAPPENINGS



Dept. of Paediatric Surgery performed its first robotic-assisted pediatric thoracic surgery on a seven year-old child on 12th May with congenital pulmonary sequestration. The procedure was completed successfully, and the child had an uneventful postoperative recovery with a remarkably short hospital stay. The anomalous systemic arterial supply arising from the aorta was managed with precision using the advancements of robotic technology, including enhanced three-dimensional visualization and superior instrument dexterity with greater degrees of freedom.

HAPPENINGS



Mr. Nandha Kumar K., Mr. A Mohammed Ashik, Mr. Mohammed Idriz Syed, Mr. S. Sri Viveka Vidyaarth, Mr. Vazigar T.K. and Mr. Raja Raja Cholan S., Final year students of Pharm D, Sri Ramachandra Faculty of Pharmacy, incubatees of Sri Ramachandra Innovation Incubation Foundation (SRIIF) developed a new digital health application, 'Meduora'. Ms. Samyuktha Venkataachalam, Trustee, Sri Ramachandra Educational & Health Trust inaugurated the app on 13th May. This app aims to connect patients with doctors, pharmacies and diagnostic laboratories in tier 2 and tier 3 hospitals through a single integrated platform, thereby simplifying access to healthcare services. The initiative reflects the vision of the Sri Ramachandra Innovation Incubation Foundation (SRIIF) in enabling students to transform innovative ideas into impactful and sustainable healthcare solutions.

As part of its commitment to nurturing young entrepreneurs, SRIIF launched the first Student Venture Development Program (SVDP). This one-year venture development cohort has been exclusively designed for students to encourage innovation and entrepreneurship. Under this programme, promising student's start up teams were selected through an Ideathon initiative and provided with structured training, mentorship, and entrepreneurial guidance to help transform their innovative ideas into sustainable ventures.

Dept. of Paediatric Medicine, SRMC&RI observed 'World Asthma Day' from 2nd to 11th May on the theme 'Access to Anti-inflammatory Inhalers for everyone with Asthma: Still an urgent need'. Following activities were conducted:

- Lecture on 'Diagnosis & Long term management of Asthma-GINA guidelines' on 2nd May. 25 PGs attended.
- A public awareness programme, 'Nerukku Ner' at G block OPD 30 patients and their parents interacted with the Paediatric Pulmonologist.
- A quiz competition for the Paediatric PGs on 8th May. 30 students participated.
- A clinical workshop on the usage of inhaler devices and spirometry was conducted on 11th May. 40 nurses and PGs participated.



HAPPENINGS



The Dept. of Neurosurgery organised Founder Chancellor Shri. N. P. V. Ramasamy Udayar Endowment Oration in Neurosciences on 19th May. The oration on 'Medicine and Neurosurgery through the Prism of Apoorva Chintamani' was delivered by Dr. Anil Nanda, Prof. of Neurosurgery, Rutgers New Jersey Medical School and Robert Wood Johnson Medical School, New Jersey. Dr. Nanda recalled ancient insights with the latest technological advances in the field, urging young neurosurgeons to view patient care through historical and modern lens. The event was graced by Dr. K. Sridhar, President, Neurological Society of India and other eminent neurosurgeons from the country.

Dept. of Cardiology organised a Basics of Pacing Programme on 23rd May. Topics included indications of pacing, pacing hardware, anatomy for pacing, ECG interpretation, and programming fundamentals. 26 faculty members and students attended.



Dept. of Cardiology conducted a free cardiac screening camp at Shankara Hospital, Kanchipuram on 16th May. 88 patients attended the camp and underwent cardiovascular evaluation.

Dept. of Neonatology, SRMC&RI conducted the Advanced Neonatal Resuscitation Programme (NRP) Provider Course Workshop on 9th May. The intensive one-day training programme brought together healthcare professionals committed to enhancing neonatal resuscitation competencies and improving newborn outcomes. The workshop was conducted under the aegis of the Indian Academy of Paediatrics (IAP) Neonatal Resuscitation Program – First Golden Minute, emphasizing evidence-based practices during the critical moments immediately after birth. The course was led by Dr. Chandrakala B.S., Prof., Paediatrics, St. Johns Hospital, Bangalore with the support of a distinguished faculty team comprising Dr. Anand V., Asst. Prof., Dept. of Paediatrics, Govt. Medical College, Thoothukudi, Dr. Ravanagomagan, Assoc., Prof., Balaji Medical College, Chennai and Dr. Thinesh Kumar J., Consultant Paediatrics, Rainbow Hospital, Chennai.



HAPPENINGS



The Dept. of Neonatology and NICU Team at SRMC conducted the National Neonatal Resuscitation Program (NRP) Day on 10th May. Organised under the auspices of the National Neonatology Forum (NNF) in collaboration with the Indian Academy of Paediatrics (IAP), the workshop formed part of a nationwide initiative aimed at training more than 25,000 healthcare providers in a single day, with the ambitious goal of securing a place in the Limca Book of Records. 400 participants completed the workshop and participated in the intensive training programme.



The Depts. of Obstetrics & Gynaecology and Neonatology, SRMC&RI conducted OG Quest 2026, the 29th Postgraduate Revision Course in Obstetrics and Gynaecology, from April 29th to 3rd May. The five-day academic programme brought together postgraduate trainees, faculty members, and experts for an intensive learning experience featuring case discussions, OSCE sessions, ward rounds, drills, quizzes, and interactive clinical teaching. The programme served as a valuable platform for fostering interdisciplinary learning and strengthening the continuum of care from the womb to the neonatal intensive care unit. 250 postgraduate trainees, faculty members, and experts participated.



Dept. of General Surgery, conducted the third edition of the RAMACHANDRA MASTERS Series – Laparoscopic Cholecystectomy on 15th and 16th May. The workshop combined focused academic sessions, live operative demonstrations, and hands-on surgical training. Topics ranged from safe laparoscopic cholecystectomy and difficult gallbladder surgery to robotic surgery and complication management. Dr. M. Kanagavel, Consultant, St. Isabel Hospital; Dr. R. Parimuthukumar, Consultant, Prashanth Hospital, were the speakers.

HAPPENINGS



The Integrated Nursing Unit of Service and Education, SRIHER (DU) celebrated International Nurses Day 2026 with a week-long series of competitions and sports events for nurses. The celebrations culminated on 13th May with Ms. Beenamma Kurian, General Manager-Quality, St. John's Medical College Hospital, Bengaluru as the chief guest. The event featured the Nightingale Pledge, an annual report presentation, a keynote address, prize distribution to nurses in recognition of their dedicated service. 500 nurses participated.



Dept. of Nursing, Sri Ramachandra Hospital conducted a staff development programme on the theme 'Tiny Patients, Mighty Leaders: Leadership Across Neonatal, Pediatric & Postnatal Care' on 2nd May. The programme aimed to strengthen leadership qualities and professional competencies among nurses involved in maternal and child health services. 30 nurses participated.



Student Nurses Association of India (SNAI), Sri Ramachandra Faculty of Nursing, organised ASCENTA 2026 - Sports and Cultural Fest on 7th May to promote leadership, teamwork, discipline, and extracurricular participation among students. The competitions included cultural events, literary activities, indoor games, athletic events, and team sports. 580 students participated.



Dept. of Pharmacology, SRMC&RI, organised a guest lecture on 'Biosimilars and Patient Safety: Regulatory, Clinical and Pharmacovigilance Perspective' by Dr. Ashwin Ravi, Sr. Medical Safety Lead, Sandoz Medical Safety, Hyderabad, on 16th May. 32 students and faculty members attended.

HAPPENINGS



Dept. of Pharmacology, SRMC Adverse Monitoring Centre (AMC) and Medical Device Monitoring Centre (MDMC) organised 'Pharmacovigilance and Materiovigilance Sensitisation Programmes'. The sessions emphasised the importance of reporting Adverse Drug Reactions (ADRs) and Medical Device Adverse Events (MDAEs), and highlighted the role of SRMC-AMC and MDMC under the Pharmacovigilance Programme of India (PvPI) and Materiovigilance Programme of India (MvPI). The following departments participated:

- Dept. of Ophthalmology on 6th May. 30 faculty members, students, staff nurses attended.
- Dept. of Oral Medicine on 14th May. 20 faculty members, students, staff nurses attended.



The Dept. of Pharmacology, SRMC&RI, conducted a training programme on 'Injection Techniques' for the CRMIs on 22nd May. 200 CRMIs underwent hands-on training in intravenous bolus and infusion, intramuscular, subcutaneous and intradermal injection techniques using mannequins.

Dept. of Pharmacology, SRMC&RI, conducted a workshop on 'Prescription Writing and Safe Transcribing' on 22nd May as part of the CRMI Orientation and Skills Training Programme. 200 CRMIs participated in the workshop. The programme included group teaching sessions on prescription writing, rational & safe prescribing practices, NABH requirements, and prevention of medication errors. Students actively participated in prescription auditing exercises based on common clinical scenarios.



The Continuing Dental Education (CDE) committee, Sri Ramachandra Dental College & Hospital (SRDC&H) in association with the Indian Association of Oral Implantologist (IAOI) commemorated the 'Osseointegration Day' on 30th April through Continuing Dental Education (CDE) programme, on 'Implant Placement in the Esthetic Zone: When, How, and Where?' and 'Patient Selection in Implant Dentistry'. 100 students participated.

HAPPENINGS

The CDE committee of SRDC&H organised a career guidance programme titled 'Career Opportunities for Dentists Abroad' on 8th May. The session focused on providing information regarding pathways for Indian dentists to pursue licensure and higher education opportunities in the USA, Canada, and UAE. Mr. Manoj Hariharan, Founder & President, Westleaf Overseas Consultants Inc. and Adjunct Prof., University of Toronto, Canada was the keynote speaker. 60 students attended.



SRDC&H conducted a field visit to the additive manufacturing facility of Zoriox Innovation Labs at Dept. of Metallurgy, IIT Madras. The purpose of the visit was to sensitise UG and PG students and PhD scholars on start-up culture, entrepreneurship, scientific collaboration and societal impact of research. 22 students and faculty members visited the lab.

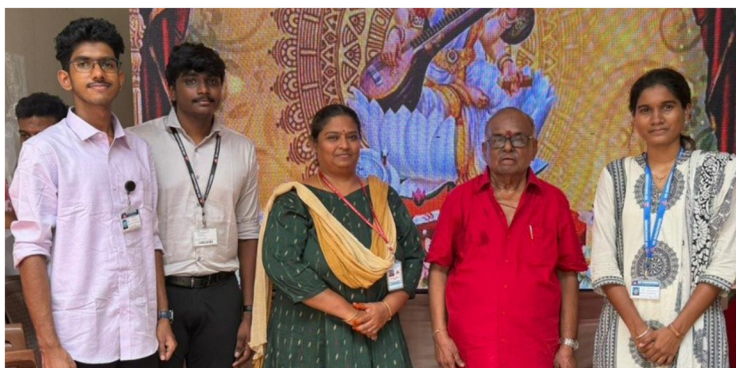


Dept. of Emergency Medicine and TCM organised the following workshops:

- American Heart Association (AHA), Basic Life Support (BLS) and Advanced Cardiovascular Life Support (ACLS) Provider Course from 4th to 6th May for doctors, PGs, MBBS students, and professionals from Environmental and Health Sciences. 12 participants attended.
- Code Blue training session for nursing staff, in collaboration with HRD, SRMC on 20th May. The session focused on emergency response and resuscitation procedures. 50 participants attended.
- Cardiopulmonary resuscitation (CPR) and Basic Life Support (BLS) training sessions from 25th to 31st May. 207 MBBS CMRI participated.
- Trauma Care and HAZMAT Incident Management Workshops from 18th to 26th May conducted at various locations in Tamil Nadu. The sessions focused on key areas such as vital signs assessment, wound and bleeding management, HAZMAT incidents, chemical exposure, emergency response (including burns, ophthalmic injuries, and asphyxiation), head injuries, fractures, transportation of victims, heat stroke, and CPR. The program also included hands-on training in PPE usage, decontamination procedures, and simulation-based exercises. 285 members including paramedics, fire-fighters, police personnel, toll managers, nursing staff participated.

HAPPENINGS

Dept. of Trauma Care Management (TCM), Sri Ramachandra Faculty of Allied Health Sciences, organised the 46th session of the STEPS National Webinar Series, focusing on Toxicological Emergencies – Part XXII on 15th May. Mr. Manikandan K; Lecturer at Saveetha College of Allied Health Sciences, presented on 'Paraquat Poisoning', and Mr. Nandheeshwaran R; Asst. Prof., Mohan Babu University, Tirupati, spoke on 'Lead Toxicity'. 118 members attended.



Faculty of Physiotherapy as part of the Memorandum of Understanding (MoU) with the Dr. V. S. Natarajan Geriatric Foundation, took part in 86th Birth Anniversary Celebration of 'Arulthiru Melmaruvathur Amma' on 31st May and raised awareness on fall prevention and healthy aging among senior citizens. 50 members attended.



Dept. of Bioinformatics, Sri Ramachandra Faculty of Engineering and Technology, conducted a workshop on 'Computer-Aided Drug Discovery' on 12th May for final-year UG students of city colleges. The workshop included both demonstration based learning and hands-on training sessions, offering participants practical experience in the field. 23 students participated.



Central Library conducted a sensitization session on print and digital collections along with hands-on training for accessing e-resources via campus Wi Fi and remote login. 105 MD and MS students attended.



Faculty of Public Health conducted an engaging Summer Internship 2026 for school students of 11th and 12th grades from 5th to 16th May. Students explored on various topics including Basic Life Support (BLS), Fire Safety & Disaster Management, Pollution & Health, and Industrial Hygiene & Safety. Five students from Bala Vidya Mandir Senior Secondary School and CPS Global School participated.

HAPPENINGS

Dept. of Paediatric Nursing conducted a panel discussion on 'Vaccination in Special Situations: Navigating Complexity with Confidence', quiz and poster presentation on 'Parental awareness on additional vaccine. Immunisation insight booth and guiding parents towards safe and informed immunisation at SRH and SRMC Paediatric OPD and Continued Nursing Education on Immunisation as part of World Immunisation Week (WIW) from 24th to 30th April. Dr. K. Vinay Kumar, Additional Director (Projects), Dept. of Public Health and Preventive Medicine and Dr. B. Baranidharan, Joint Director and State Immunization Officer, Dept. of Public Health and Preventive Medicine, were the external resource faculty members.

Sri Ramachandra Faculty of Occupational Therapy (SRFOT) organised a free Rheumatology screening camp on 15th May, at Sri Ramachandra Hospital. 30 patients benefitted.



Sri Ramachandra Faculty of Pharmacy, SRIHER (DU), organised a motivational programme on 'Success Blueprint for State Public Service Commission Examinations' on 6th May. Mr. B. Balaji, Drug Analyst, Directorate of Drugs Control, Government of Tamil Nadu, delivered an insightful session on TNPSC, RRB and MRB examinations. 189 students attended.

STUDENT SERVICES CENTRE ACTIVITIES

The MedQuiz Club of SRIHER, in collaboration with the Student Council, organised a quiz session on 5th May on the topic 'National Immunisation Schedule'. The event aimed to enhance participants' understanding of vaccines, immunisation schedules, and their role in public health. Eight students actively participated in the session, engaging in academic discussion and knowledge-based competition.

The MedHope Club of SRIHER, in collaboration with the Student Council, conducted the 'Mascot Celebration' on 11th May. The event was organised to celebrate Mother's Day by spreading appreciation, positivity, and emotional support to mothers and caregivers in the hospital. Volunteers interacted with participants through engaging activities and heartfelt gestures to create a warm and comforting environment.

The English Literary Club of SRIHER, in collaboration with the Student Council, organised an online submission-based event titled 'A Midsummer Night's Reads' from 1st May to 15th May. The event encouraged students and faculty to share reviews of books, movies, and television shows, fostering a culture of reading and thoughtful discussion.

Rotaract club of SRIHER along with Environmentalist Foundation of India (E.F.I) conducted five days Lake and Beach clean-up Drive from 11th to 15th May in five different locations: Poonamalle Lake, Ashtalakshmi Beach, Ayyapakkam Lake, Marina Beach and Bottle painting, Kanagam Eco Park. A bottle painting activity was arranged during clean-up at Marina beach. 25 participants attended the event.

The Quiz Club of SRIHER in collaboration with the Student Council introduced a new quiz series titled 'DUK (Did You Know?)' to engage participants through unique, surprising, and lesser-known facts from a variety of fields from 9th May & 10th May. The initiative aimed to spark curiosity, enhance general awareness, and promote learning in an enjoyable and interactive manner.

STUDENT SERVICES CENTRE ACTIVITIES



Special Needs Activity Centre for Kids (SNACK), was conducted by Vidya Sudha, Sri Ramachandra Learning Centre for Children with Special Needs from 4th to 20th May. The summer camp was designed to include activities for neurotypical and neurodivergent children catering to their engagement, needs, and preventing burnout. It focussed on grooming physical health, fostering creativity, co-operative play, decision making, analytical thinking and learning to develop various independent life skills, through a balanced mixture of structured learning activities.

SPORTS CORNER



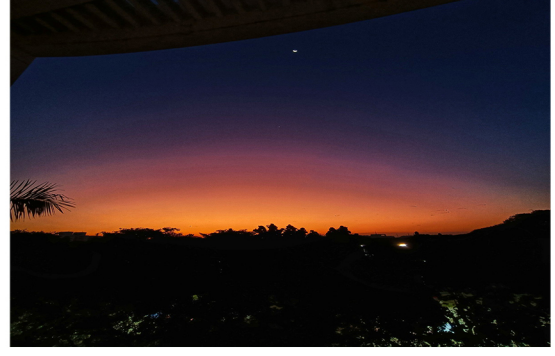
Students of SRIHER won the following prizes at sports competitions:

- Ms. Preeti M.R.R., III yr. BDS emerged as winner in Table Tennis (Women) in Chemsports'26 at Inter Medical & Dental Tournament 2026 held at Chengalpattu Medical College, from 7th to 9th May.
- Mr. Hemanth J., III yr. BPT won the bronze medal in the Selection for National Yogasana Championship 2026 held at Goa from 15th to 17th May.

READERS' CORNER



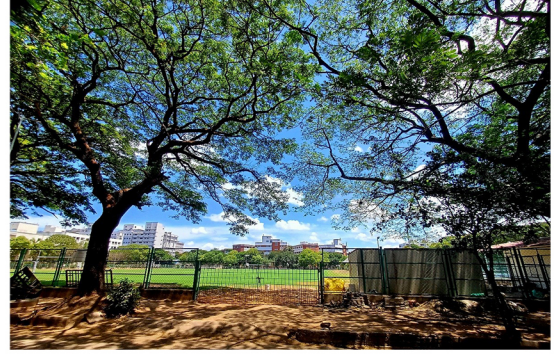
Ms. Neruthi Rajan R.
III yr., B.ASLP



Ms. Maria Thambi
CRI, BDS



Ms. Makshina Parveen F.
IV yr., BOT



Ms. V. M. Amudha Yazhini
III yr., B. Pharmacy

Slowness is a divine thing

Amidst all the chaos of life,
Slowness is a divine thing.
In a fast-moving world,
rushing legs to catch the bus -
not only to university, but to avoid
being left behind by everyone across the universe,
running in this unsaid, yet somehow said, race -
to be better than everyone around,
rather than just being a better you,
and an ongoing hurry-worry about the future.
Why aren't we flowing with life but
rather constantly trying to stay ahead of it?
Isn't there happiness in slowness?
Slow mornings, slow coffee, slow breakfast
amidst chirping birds, the rising sun, and quietness.
Slow walks down the lane with a few conversations,
while others go jogging as you listen to soft music.
Slow evenings as you self-reflect on how far you've come,
feeling nostalgic as you open your old memory boxes and photos.
Slow nights when you sleep without having to face
the pressure of what's ahead from an exam to a whole life.
Maybe sometimes, or perhaps most times -
we almost forget this is the whole point.

Ms. S. Rithu Varshani
II yr., MBBS

பேருந்து பயணி(நீ)

அற்பர்களைப் போன்று அகண்டவானில்
முழுமதியும் கதிரவனும் உன்னை
பின் தொடர்வது யார்?- என அங்கு
போர் புரிந்து கொண்டிருக்கிறார்கள்...

இவ்வேளையை தனக்குச் சாதகமாக
எண்ணி உன்னை ஆசையோடு வருட வரும்
தென்றலை தன்னால் முயன்ற வரை
தடுக்க முயல்கிறான் அலைத்தேவன்...

பெரும் அலைகளை ஆரவாரத்தோடு
பாயச் செய்யும் அவன்- உன்னில்
உதிக்கும் வேர்வை துளிகளையே
முத்துக்களாக தான் ஏந்த வேண்டும்- என்று
ஏங்கிக் கொண்டிருக்கிறான்...

ஆயிரம் பாதங்கள் தன்மீது பட்டாலும்
பேரழகியாகிய உன் பாதமலர்கள்
தன்மீது என்று படுமோ?- அந்த
மென்மையான இதழ் விரல்களை
தான் ஸ்பரிசிக்கும் நாள் எண்ணி
காத்திருக்கிறாள் நிலத்தேவி...

இவை எவையும் அறியாதவளாய்
பேருந்தில் தன் விழிமீன்களை
இயற்கை நதியில் நீந்த விட்டு
ஜன்னல் வழியாக ரசித்துக்
கொண்டு இருப்பாய் இந்நேரம்- நீ!

Ms. Abishikha S.
Research Scholar, Microbiology