



SRI RAMACHANDRA
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Category - I Deemed to be University) Porur, Chennai



Bridges

Newsletter of SRIHER (DU)

August 2024

bridges@sriramachandra.edu.in





SRI RAMACHANDRA

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Deemed to be University)

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Dear Members of the Sri Ramachandra Family,

It gives me immense pride and pleasure to address you through this edition of *Bridges*, our official university newsletter that continues to serve as a vital medium for reflecting the dynamic progress of our institution. I would like to extend my heartfelt appreciation to the editorial team of *Bridges* for their dedicated work in bringing forth the achievements and milestones of the past year. Their collective efforts have successfully highlighted exemplary academic, healthcare and research contributions of our students, faculty members and staff.

This year has been a testament to SRIHER's unwavering commitment to excellence and innovation. From pioneering advancements in medical education to research initiatives, our institution has made significant strides in fostering an environment that not only nurtures intellectual growth but also shapes future leaders in patient care and health sciences. The success of numerous academic collaborations across the globe is a reflection of our community's hard work and dedication.

As we navigate through a rapidly evolving educational and healthcare landscape, the significance of our shared values - compassion, integrity and pursuit for knowledge and excellence have continued to guide us as we aspire to reach greater heights in the coming years.

I urge each one of you - students, faculty members, staff and alumni to remain engaged, stay conscious and contribute to the betterment of society, as this is the true essence of our mission at SRIHER. Together, we will continue to build on our legacy of academic excellence and societal impact.

Once again, I express my sincere gratitude to the editorial team of *Bridges* for their stellar work in compiling this issue. To our readers, I hope this edition serves as an inspiration and a reminder of all that we can achieve when we work together as one family.

Let us move forward with renewed energy, determination, and a shared vision for the future.

V.R. VENKATAACHALAM

From the Editor's Desk

Welcome to the anniversary special edition of Bridges! This August, as we reflect on a year filled with achievements and growth, we also celebrate our commitment to excellence in education, research, healthcare and community service. It is with great pride that we feature a special message from our Honourable Chancellor.

This month has been a vibrant tapestry of academic advancements, community initiatives, and collaborative efforts across departments. A significant highlight of August was CURE 2024 - Cardiology Update from Sri Ramachandra featuring the esteemed Professor S. Thanikachalam Endowment Oration. This event brought together experts to emphasise the critical role of continuous learning and practical exposure in revolutionizing cardiovascular care. The Dept. of General Medicine, SRMC, hosted the 'Dr. M.G. Ramachandran Endowment Oration' as part of the annual 'Advances in Medicine (AIM 2024)' conference, showcasing the latest innovations and updates in general medicine.

In observance of World Breastfeeding Week, the Dept. of Community Health Nursing, in collaboration with PHC-Nemam and the Dept. of Paediatric Medicine, conducted various awareness programs, reiterating the significance of breast feeding for the health and well-being of both mother and child. Meanwhile, the Dept. of Reproductive Medicine and Surgery (SMART) organised an intensive five-day training program in Assisted Reproductive Technology, equipping participants with cutting-edge knowledge and skills in this rapidly evolving field.

The Sri Ramachandra Faculty of Physiotherapy hosted a national webinar on 'Insight into Specific Cardiopulmonary Investigations,' providing an invaluable platform for knowledge exchange and professional development. In a forward-looking move, the Sri Ramachandra Faculty of Management Sciences signed an MoU with ZOHO Corporation Pvt. Ltd. to train faculty members, enhancing our capability in administrative and academic management.

The Sri Ramachandra Faculty of Allied Health Sciences took a proactive step in training future healthcare providers by organising Basic and Advanced Cardiac Life Support classes for MD and PG students, ensuring they are well-prepared for critical care situations. Demonstrating our commitment to environmental sustainability, Unit II of NSS SRIHER, in partnership with the Environmentalist Foundation of India, conducted a 'Swachh Bharat' drive.

As we look forward to the coming months, we remain dedicated to our mission of fostering academic excellence, healthcare innovation, and community service. Thank you for your continued support and engagement.

Dr. V. Deepa Parvathi
Managing Editor



The 78th Independence Day was celebrated at SRIHER on 15th August. Faculty members, staff and students of our university pledged to dedicate themselves in making India a united, peaceful, vibrant and a modern democracy with equality for all.

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Alumni of MBBS (Batch 1994-1999) celebrated their reunion from 2nd to 4th August in Bengaluru.



Dr. Karthik Mathivannan (MBBS, 2000-2005) is appointed as Program Director for Liver and Multiorgan Transplant at MIOT Hospitals, Chennai.



Dr. Parasuram Gopinath (MS Obstetrics & Gynaecology, 2005-2008) received the 'Young Achiever Award' from the South ISAR Chapter at ITC Gardenia, Bengaluru on 4th August.



Dr. Shraddha M. (MBBS, 1997-2003), Dr. Lakshmi Chitra J. (MBBS, 1997-2003) and Dr. Sharieef Rajah (MBBS, 1999-2004) received The Hindu Tamil Thisai's 'Maruthuva Nachathiram Viruthu 2024' from Hon. Minister Mr. Ma. Subramanian on 19th August at Chennai.



Dr. C.M. Kishore (MS General Surgery, 2003- 2006) was awarded with the 'Life Saviour Award' by the Rotary Club of Chennai Medical Fraternity on 26th August.

Alumni Corner



The Alumni Chapter of Sri Ramachandra Faculty of Physiotherapy organised an 'Alumni-Student Interaction Program' on 22nd August to commemorate the 25th Anniversary of BPT Batch 1999-2000. Several distinguished alumni, shared their professional journeys, experiences, and insights into the field of physiotherapy. 150 alumni and students attended.



SRFOT, organised COTE (Continuing Occupational Therapy and Education), on 26th August, on the Topic of 'Cultural Competency in Paediatrics Occupational Therapy - UAE Perspective' by Ms. Abitha J.P. (alumna 2018-2022), Paediatric Occupational Therapist, UAE. 200 students participated.



The Dept. of Bioinformatics, Sri Ramachandra Faculty of Engineering and Technology (SRET) organised an invited talk on 'Leveraging Bioinformatics for Global Academic Success: A Journey to Harvard to Wisconsin and Beyond' by Ms. Swathisri Venkatesh (Alumna, M.Sc. Medical Bioinformatics 2021-24), Doctoral student at the University of Wisconsin-Madison on 9th August. 41 B.Sc. Bioinformatics students attended.



SRFMS organised an Alumni Meet on 31st August on campus. 25 alumni attended.

Alumni have been placed at top ranked universities for higher studies. The details are listed below:

Name of the student and course of study	Admitted to	University
Ms. Shruthi Chandrasekar (M.Sc. Medical Bioinformatics, 2022-2024)	M.Sc. Biotherapeutics Program	University College of Dublin (UCD), Ireland
Ms SwathiSri V (M.Sc. Medical Bioinformatics, 2021 -2024)	PhD in the Department of Biomedical Data Sciences	University of Wisconsin, Madison
Ms Sunitha J (Bachelors of Optometry, 2017-2021)	Master's in Investigative Ophthalmology and Vision Research	Glasgow Caledonian University, Scotland
Mr. Mohamed Riyash (Bachelors of Optometry, 2017-2021)	Master's in Healthcare Leadership and Management	University of Exeter, United Kingdom

Awards & Recognitions



Dr. S. Sadhanandham, Prof. of Cardiology, has been recognised with the *Natchathira Maruthuvam* award by Hindu Tamil Thisai's on 19th August .

Dr. S. Nagendra Boopathy, Prof. of Cardiology, has been recognised as one of the best cardiologists in South India by Outlook magazine for the third consecutive year.



Prof. K. Vengadkrishnan, Dept. of General Medicine, SRIHER, has been selected as Executive Committee Member of Association of Physicians of India (API) Chennai Chapter on 18th August.

PG Students of Dept. of General Medicine, won various prizes during the '3rd Cardiometabolic Congress 2024' held on 10th & 11th August at Chennai. The details are listed below:

Name	Course & Year	Details of Competition	Prize
Dr. Neeti Nachammai K.M.	II yr. M.D. General Medicine	Oral Presentaion	I Prize
Dr. Vaishnavi Reddy Ambarasu	II yr. M.D. General Medicine	Oral Presentaion	II Prize
Dr. Veerabadren Mylappan	I yr. M.D. General Medicine		
Dr. Anjali K.	I yr. M.D. General Medicine	Poster Presentation	I Prize
Dr. Priyadarshan P.	III yr. M.D. General Medicine	Poster Presentation	II Prize

The Dept. of General Surgery, SRMC, conducted the Monthly Surgical Forum on 22nd August for PG students and CRMI to present topics on surgical techniques, patient care and innovations. The presentations were judged by external and in-house faculty members. Dr. Parimuthukumar, Medical Director, Prashanth Hospitals was the special guest. Dr. Haridev S - II yr. MS (General Surgery) won I place in presentation.



Dr. Rabindran C., Asst. Prof., Dept. of Neonatology, SRMC, won the following prizes:

* I Prize in oral presentation at ReseaRCHcon-2024, E-Conference organised by the IAP Research in Child Health Society from 1st to 4th August.

* I Prize in oral presentation at the 21st National Conference of Neurodevelopmental Pediatrics conducted from 30th August to 1st September at Bangalore.

Happenings

The following faculty members participated and presented papers (oral) at the 8th International Conference on Interdisciplinary Research Innovations in Science and Humanities (ICIRISH'24) from 21st to 24th August held at Assumption University of Thailand, Bangkok.

The details are as under:



Name of the Faculty Member and Designation	Affiliation
Dr.V. Deepa Parvathi, Assoc. Prof.	Dept. of Biomedical Sciences
Dr.V. Supriya, Assoc. Prof.	Dept. of Clinical Nutrition
Dr.R. Sumitha, Asst. Prof. Won Best Paper Award	Dept. of Biomedical Sciences
Ms. Nandita Krishnan, Lecturer	Dept. of Clinical Nutrition

The Dept. of Artificial Intelligence and Machine Learning, SRET, organised a guest lecture on 'Building a Global Career: Leveraging Opportunities in European Countries' on 17th August. Mr. Ravi Ganesh Manjini, System & Control Development, Kubota Research and Development Europe, France, was the resource person. 30 students participated.

PG students from the Dept. of Community Medicine, SRMC & RI, won the PG quiz competition conducted at the National conference SS SCOM- CON'24 organised by Shri Sathya Sai Medical College and Research Institute, Chengalpet Taluk, Kancheepuram District on 29th August.

Dr. Ganapathy Narayana Arul M. Dr. Shankar. G.K.	Winner
Dr. Sugesh Chandran. V Dr. Roshini. R.A.	Runner

World breastfeeding week programmes

Depts. of Pediatrics, Neonatology, Obstetrics & Gynecology, Pediatric Nursing, Clinical Nutrition, Community Health Nursing, and Community Medicine collaborated and organised 'World Breastfeeding Week' 2024 celebrations from 1st to 7th August on the theme 'Closing the Gap – Breastfeeding Support For All'.



Mrs. Saranya Ponnvanan, National award winning Actor and entrepreneur was the chief guest for the inaugural event which was flagged with a walkathon. Various engaging programmes were organised including; Placard competition, Poster competition, Reels, Role play, Quiz for MBBS and Nursing students, *Nerukku ner*, CNE conducted by the Dept. of Nursing and Clinical Nutrition, and Special webinar by Prof. Piyush Gupta, University College of Medical Sciences, New Delhi. The programme was successful in educating and promoting awareness for 250 UG students, 50 antenatal and 65 postnatal mothers.



The Dept. of Community Medicine, SRMC & RI, in collaboration with Primary Health Center, *Soranchery* observed 'World Breastfeeding Week' celebration on 13th August. The event aimed to create awareness on importance of breast feeding through role play and panel discussions. 40 antenatal mothers attended.

Happenings



The Dept. of Obstetrics and Gynaecology Nursing, SRFoN observed 'World Breastfeeding Week' on 3rd August. The event aimed to create awareness through various activities such as thematic song, dance, health education on breastfeeding position, techniques using simulators and postnatal diet on successful breastfeeding practices. 75 mothers benefitted.

The Dept. of Paediatric Nursing, SRFoN observed 'World Breastfeeding Week' on 2nd August. Students of III yr. B.Sc. Nursing (Basic) performed a theme-oriented role play, song, and dance along quiz. 81 parents, children, students and faculty members attended.

The Dept. of Community Health Nursing, SRFoN, in collaboration with PHC-Nemam and Paediatric Medicine observed 'World Breastfeeding Week' on 6th August. The event featured video-assisted teaching on the physiology of lactation, role play on connecting people around the mother for effective breastfeeding support and e-health teaching on the importance and techniques of initiating breastfeeding. 30 antenatal mothers benefitted.



Sri Ramachandra Faculty of Public Health (SRFPH) and *Vidya Sudha* conducted an awareness programme on 'Personal and Women's Hygiene' on 13th August. 40 parents and their children with special needs participated.



Anti-ragging activities were conducted by all constituent faculties through pledges, activities, poster competitions, slogan competitions and guest lectures.



The NMC Teachers' Meet was jointly organised by UGMEB of NMC and National Medicos Organisation Tamil Nadu on 25th August. National Medical Commission Chairman, Dr. B.N. Gangadar; UGMEB President, Dr. Aruna Vanikar; UGMEB member, Dr. Vijayendra Kumar; PGMEB President, Dr. Vijay Oza, Dr. Senthil and Dr. Yogendra Malik graced the occasion. 130 delegates from 22 medical colleges in Tamil Nadu and Pondicherry participated.

Happenings



Dept. of Reproductive Medicine and Surgery (SMART), SRMC, organised a five days training programme in Assisted Reproductive Technology from 6th to 10th August for practicing Gynecologists interested in infertility treatment. The programme included lectures, simulators and hands-on procedures. 13 distinguished speakers were invited. 12 Post MD Ob-Gyn. Attended.

Name of the Guest Speaker	Affiliation
Dr. Siddhartha N.	Consultant, Global Infertility, Chennai
Dr. Tamizharasi M.	Gynaecologist, Suha Well Women & Fertility Clinic, Chennai
Dr. Krithika Devi	Infertility Specialist, Nova IVF Fertility, Chennai
Dr. R. Kanimozhi K.	Consultant, Apollo Fertility, Chennai
Dr. Yamini Asokan	Sr. Embryologist, Medical Practice Industry, Chennai
Dr. Sindhuja N.S.	Embryologist, Chettinad Hospital, Chennai
Dr. Arun Muthuvel	Medical Director, Iswarya Fertility Centre, Chennai
Dr. Surakshith Battina	Endoscopist, Indigo Women's Centre, Chennai
Dr. Sumana Monohar	Sr. Consultant, Apollo Hospital, Chennai
Dr. Kundavi	HoD, IRM, Chennai
Dr. Priya Selvaraj	Embryologist, GG Hospital, Chennai



SRIHER in collaboration with the Optometric Association of Tamil Nanbargal, conducted 'OPTINT 2024', a Two day National conference on Optometry on 31st August and 1st September. The conference aimed at uniting optometrists, educators, students, researchers, and industry professionals to explore the latest advancements in the field. The event was inaugurated by Dr. K. Narayanasamy, Vice-Chancellor of the Tamil Nadu Dr. MGR Medical University and was attended by 1,300 delegates across the country. Mr. R. Kumaran, OATN Founder General Secretary and Mrs. Preetha Ramprasath, President attended the inaugural programme.



Sri Ramachandra Faculty of Physiotherapy conducted an FDP on Yukti repository on the topic 'A step towards innovation' on 16th August. 25 faculty members attended.

Happenings



Basic Course in Medical Education (BCME) was conducted for the faculty members of colleges allotted to our Nodal Centre from 27th to 29th August by the Dept. of Medical Education, SRMC & RI, NMC Nodal Centre. 30 medical teachers from 16 medical colleges allocated to our nodal centre participated.



Education Unit - II of the Dept. of Health Professions Education, organised a Basic Course Workshop in Education Technologies from 1st to 3rd August. 12 faculty members attended.



The Advance Course in Medical Education (ACME) Contact Session-I was conducted for 2024 Batch-B from 1st to 5th August & Contact Session-II was conducted for 2024 Batch A from 5th to 7th August for the faculty members from 49 medical colleges from the states of Tamil Nadu and Orissa at SRMC & RI, Nodal Centre. 30 participants attended the Contact Session I and 30 participants attended the Contact Session II programme.



The Depts. of Obstetrics and Gynaecology Nursing, and Community Health Nursing, SRFoN, organised a Career Orientation Programme on 7th August. The programme covered topics on licensing and registration, placement opportunities, an orientation on TNAI and professional etiquette. An interactive session on personality development was led by Mrs. Kanmani Thivya Mahesh, a Counselling Psychologist, Soft Skill Communication Trainer, Certified POSH Trainer, and NLP Master Practitioner, as part of a Barclay-sponsored CSR initiative. The programme also featured an address by Mr. Neslyn Johnson, CEO of Ebek Language Laboratories Pvt Ltd on Healthcare English for global opportunities. 119 students of SRFoN attended.

SRFoN organised a Staff Development Programme led by the students of the M.Sc. Nursing (Batch 2022-2023), for nurses working at SRH on 16th August. The programme was themed 'Enhancing Communication Proficiency among Nurses'. 94 participants attended.

Happenings



Sri Ramachandra Faculty of Nursing (SRFoN) organised the 6th Dr. S. Thanikachalam Endowment Oration on 20th August. Dr. Judith Angelitta Noronha, Prof. & Dean, Manipal College of Nursing, Manipal delivered the oration on 'Empower & Embrace: Navigating Innovations and challenges in Contemporary Nursing Education and Practice'. 243 participants from various nursing institutions attended.



CURE 2024 - Cardiology Update from Sri Ramachandra along with Professor S. Thanikachalam Endowment Oration, was organised on 24th & 25th August to underscore the importance of continuing education and hands-on experience in advancing cardiovascular care. The Dr. S. Thanikachalam Endowment Oration, was delivered by Prof. Ashok Seth FRCP, FACC, FESC, MSCAI, FAPSIC, FCSI, D.Sc., D.Litt National Honour of Padma Shri Awardee (2003), Padma Bhushan Awardee (2015) and B.C.Roy Awardee. 144 cardiologists, fellows, and other professionals participated.



The Dept. of General Medicine, SRMC, conducted 'Dr. M.G. Ramachandran Endowment Oration' during the annual conference 'Advances in Medicine (AIM 2024)' on 31st August. Eminent Infectious Disease Consultant Dr. Ram Gopalakrishnan delivered a talk on the topic 'Molecular diagnosis in infectious disease'. 92 doctors & postgraduates attended.



Sri Ramachandra Faculty of Biomedical Sciences and Technology (SRFMBST) organised the Prof. S.P. Thyagarajan Endowment Oration on 14th August. Dr. K. Thangaraj, JC Bose Fellow and CCMB-TIGS Outstanding Scientist of CCMB (CSIR Centre for Cellular and Molecular Biology), Hyderabad was the special speaker. The oration was about the lethal skin disease Epidermolysis Bullosa, found among Paganeri villagers near Karaikudi. 300 participants attended the oration.

The Nursing Research Unit, SRFoN organised a Manuscript Writing Boot camp on 21st & 22nd August. The workshop covered key areas such as the importance of scientific publications, reporting guidelines, selecting quality journals, plagiarism, publication ethics, manuscript preparation, software tools for writing, reference management, author submission guidelines, and strategies for handling rejection. 12 students of M.Sc. Nursing and M.Sc. Nursing (NPCC) attended.

Happenings



Rural Health and Training Centre, Vayalanallur, Dept. of Community Medicine, SRMC, organised a School health program at Panchayat Union Middle School, Annaikattucherry on 21st August. Doctors and supportive staff from Depts. of Pediatrics, Ophthalmology, Community Medicine, Nursing, Dental, Occupation Therapy and Audiology & Speech Language Pathology provided screening and treatment on common school health ailments. 77 school students benefited.



SRFMS signed an MoU with ZOHO Corporation Pvt. Ltd. on 14th August to train the faculty members on CRM & HRM Modules. Two faculty members successfully completed the training modules and are authorised as 'ZOHO Certified Trainers' who in turn will train the students as a part of the ZOHO Spark Education Programme. The aim of the MoU is to develop industry-ready students with good employability credentials.



SRDC conducted a seminar on 'Enhancement of Women Safety and Legal Rights' on 27th August. Dr. Hariharan Ramakrishnan, Principal, Thai Moogambigai Dental College and Hospital was the chief guest. Mrs. K. Jothilakshmi, Inspector- SRMC Police station was the guest speaker. The guests gave an insight about *Kaaval Udhavi* app. 250 students, teaching and non-teaching staff participated.



Pharmacy Education Unit of Sri Ramachandra Faculty of Pharmacy (SRFoP), conducted FDP on Emotional Resilience on 28th August. 27 faculty members attended.

Happenings



SRFMS organised a one-day industrial visit on 14th August for I yr. B.B.A and B.Com students to K2 cranes, *Uthiramerur*. 72 students attended.



SRFMS organised a one-day Entrepreneurship Awareness Camp on 22nd August for 73 students. The camp featured activities including entrepreneurial talk, industrial visit and mentoring support. Representatives from TN RISE, the Rural Incubator and Start-up Enabler, including CEO Dr. Uma Maheswari, Mr. Shaik Salman Asharaf, Project Manager at WE HUB, Telangana, and Mr. Rahul from TN RISE, discussed the onboarding process for Non-Tech startups with the students. Key speakers were Mr. V.K. Girish Pandian, President of the Industrial Estate Manufacturer's Association (IEMA), Guindy; Mr. S. Srikanth, Additional Secretary of IEMA, Guindy; and Executive Committee Members, Mr. R. Siddhartha and Mr. V. Sivapragatheesh and Mr. M. Aanandhan, Managing Director, Lakshmi Industries.



Students of I yr. BBA & B.Com (SRFMS) won the First Place in the Business Plan Contest held at Saveetha University on 24th August. The winners are listed below:

Mr. G.Pranav

Mr. S.Prayag

Ms. Aakashsha U Dave



Students of B.ASLP from Sri Ramachandra Faculty of Audiology and Speech Language Pathology (SRFASLP) attended an observational visit to a science exhibition by special needs students at *Vasantham*, a residential special school in Chennai from 12th - 14th August.



Dept. of Mind Body Medicine & Lifestyle Sciences, Sri Ramachandra Faculty of Behavioural and Social Sciences (SRFBSS) conducted workshops on Stress Relief, Anger management and Time Management as part of the Induction course for Customs at the National academy of Customs, Indirect Taxes and Narcotics on 9th August. 60 officers participated.



Dept. of Mind Body Medicine & Lifestyle Sciences conducted a two-day 'De-stressing Session' for the final year students of SRDC on 29th and 30th August. 100 students attended.

Happenings

Sri Ramachandra Faculty of Physiotherapy conducted a National level webinar on 'Insight into specific Cardio Pulmonary Investigations' on 30th August. Dr. P. Senthil, Principal, Dean i/c, Chettinadu School of Physiotherapy; Dr. Sivaguru, KMCH Centre of Advanced Lung Disease and Transplant; Mr. Baskaran Chandrasekran, Asst. Prof., HOD in charge, Dept. of Exercise and Sports Science, Manipal University and Mr. Praveen Jayaprabha Surendran, Physiotherapist, Cardiac Rehabilitation Dept., Heart Hospital of Hamad Medical Corporations were the resource persons. 213 participants attended.



The Sri Ramachandra Faculty of Allied Health Sciences (SRFAHS) organised Basic Cardiac Life Support (BCLS) and Advanced Cardiac Life Support (ACLS) Classes for MD and PG students of various specialities from 26th to 29th August. 200 students participated.



II yr. PG students of Trauma Care Management organised BCLS (Basic Cardiopulmonary Life Support) camp at Perry Matriculation School, *Uttramerur* on 24th August. 70 students participated.



Faculty members and M.Sc. Students of Trauma Care Management, SRFAHS organised Basic Life Support sessions for students of M.Sc. Clinical Research on 27th August. 20 PG students attended.



Dept. of Public Health Dentistry, Sri Ramachandra Dental College (SRDC) and Sethu Bhaskara Mat. Higher Sec. School signed an MOU on 6th August. This MOU will facilitate regular dental screening, preventive and therapeutic care for school children.



SRDC and Sri Ramachandra Centre for Women's Advancement (SRCWA) along with Brand Touch Analytics organised an awareness program for 150 students on 14th August. Dr. Swathi Praveen, Dentist & Mental Health Counsellor addressed the gathering on personality development and menstrual hygiene.



A team of five prosthodontists from Dept. of Prosthodontics, SRDC, treated 30 completely edentulous patients with complete dentures on the 24th August at *Tiruthuraiipoondi, Tiruvarur* District.

Happenings



SRFMS initiated a Community Engagement Project for II yr. B.Com students, blending academic learning with real-world community service. Activities included surveys and interviews with unhoused individuals, street vendors, environmental conservation and women wellness program for 15 days in the month of August. These efforts fostered practical skills, empathy, and leadership, reinforcing SRFMS's commitment to holistic education. 21 students participated.

NSS Activities



Pond Cleaning Programme

Unit II of NSS SRIHER along with Environmentalist Foundation of India jointly organised *Swatch Bharat* Drive cleaning at *Ayyapakkam* pond on 27th August. 85 kgs of plastics and other rubbish materials were removed. Volunteers also spread seed balls along the banks of the pond.



Personality Development Workshop

NSS SRIHER in association with *Disha Bharat* organised a Personality Development Workshop on 9th August. 75 volunteers attended.

Yoga and Project Voice

Unit II of NSS SRIHER along with Yoga and English Clubs organised Yoga and Project VOICE for 200 students at Chennai Girls Higher Secondary School, Perambur on 23rd August. Training in *Yoga asanas* and English coaching were provided.

NSS Activities



Women Wellness camp

Unit II of NSS SRIHER and Inner Wheel Club of Madras Metro jointly organised 'Women Wellness Camp' and 'Cardiac Screening Camp' for 74 women at Parivakkam village on 28th August.

Student Council Activities



167 students received Founder Chancellor Merit-cum-Means scholarship on 17th August. The event showcased the institution's commitment to supporting and encouraging deserving students in their educational journey.



The Music Club of SRIHER conducted Music Jamming Session on 7th August to create a therapeutic session and creating a space for the participants to showcase their talent. 35 students from various departments showcased their talent. A musical jamming session was also held on 14th August. 30 participants engaged in sing-along.



Installation ceremony(2024-2025) of the Rotaract Club was conducted on 13th August. Esteemed guests included Rotarians Mr. Vijayakumar Damodaran and Ms. Meenakshi Periyakaruppan participated. I yr. students from various departments were introduced to the Rotaract Club & its role. Formal badges were presented to the new office bearers. 400 participants attended.

The Quiz Club of SRIHER hosted 'Mystic Mayhem' on 28th August exciting sci-fi themed event was led by Dr. Vignesh Venkateshwarlu who is currently pursuing Fellowship in the Dept. of Spine. 15 participants, divided into five teams were engaged in an intellectual challenge featuring 25 carefully crafted questions which tested their knowledge of classic sci-fi literature, shows, and movies, blending factual recall with deeper comprehension.

Student Council Activities



The Green Friends Organisation Club in collaboration with SRDC organised a Dental Health and Hand Hygiene Awareness Camp on 1st August at *Kolappancheri Government School* for 150 students.



The Med Hope Club of SRIHER in association with Dept. of Transfusion Medicine hosted a blood donation drive on 14th August to commemorate Independence Day. The event attracted 99 participants with 75 donors contributing through the drive and 24 walk-ins. 17 dedicated volunteers from various departments, including Med Hope board members, actively raised awareness and facilitated activities in the blood bank.



A Road Safety Awareness Campaign through street mime play was organised in collaboration with Rotary Club of Madras - Porur on 24th August. The event aimed at educating the public on the importance of road safety. Special guests, including Mr. P. Kumar the Deputy Commissioner of Police and other notable speakers, shared valuable insights on safe driving practices. 25 students participated.



To mark India's 78th Independence Day, the SRIHER Photography Club organised 'Patriotic Pixels' on the theme 'Faces of Independence: Portraits and Stories of 78th Independence' from 10th to 17th August. Six participants captured the essence of freedom through portrait photography, showcasing diverse experiences of independence across the country.

Student Council Activities



An intercollege sports event 'ALTIUS 2024' was held from 22nd to 25th August. 800 students from various medical and dental colleges across the state participated in the sporting events. Several prizes were won by the students of SRIHER with enthusiasm.

The 'Mini Potpourri', an offline literary game event was conducted on 23rd August featuring four games: Scrabble, Wordle, Memory Cards, and Hangman. Each game had a unique theme, stimulating creativity and competition. 34 participants attended.

The Debate Club and the Student Council of SRIHER organised 'Shaping Tomorrow' on 29th August. The discussion evaluated society's progress in women's safety, highlighting the importance of providing a platform for women's voices and addressing the underlying issues affecting their well-being. 14 participants attended.

Sports corner



Students of SRIHER won Third place in 'SRM Founders Birthday Trophy' – Cricket Tournament organised by SRM Institute of Science and Technology, Kattankulathur from 1st to 7th August.

Winners	Year & Course
Dr. Mani Bharathi M.	CRRJ, BDS
Mr. Ranjan A.	II yr. B. Sc. Applied Psychology
Mr. Sriccharan S.	III yr. Bachelor of Physiotherapy
Mr. Madanagopal S.	III yr. Bachelor of Physiotherapy
Mr. Pranav B.	I yr. B.Sc. Environment Health Sciences
Mr. Bharath M.	II yr. M. Sc. Trauma Care Management
Mr. Jonathan J.	II yr. Bachelor of Physiotherapy
Mr. Joshitt S.	III yr. MBBS
Mr. Shrinand S.	I yr. B. Sc. Sports & Exercise Sciences
Mr. Sankaj Kumar	II yr. BDS
Mr. Kavin T.	II yr. BDS
Mr. Pranav Sabapathy	I yr. MBBS
Mr Kirubakaran K.	I yr. B. Tech. Artificial Intelligence & Machine Learning
Mr. Sarukesh S.K.	III yr. B.Tech. Computer Science & Medical Engg.
Mr. Siva Sakthivel S	II yr. B. Sc. Sports & Exercise Sciences

Sports corner

6th Inter Medical & Dental Tournament, Altius' 24 was conducted by SRIHER from 19th to 25th August. 22 universities and colleges participated.

Name	Year & Course
Basketball (Men)- Runners' Up	
Dr. Aravind E. S.	III yr. M.D. Sports Medicine
Mr. Saran Karthic S.	CRRRI
Mr. Ram Abhilash M.	IV yr. MBBS
Mr. Aashish Raj T. Y.	IV yr. MBBS
Mr. Shaik Rahman	CRMI
Mr. Thillai Sai Arjun Muthuraj	III yr. MBBS
Mr. Suraj Jai Sriramdas	III yr. MBBS
Mr. Seyievicha Shurhi U.	I yr. BDS
Mr. Sai Mohith Ramdas	II yr. MBBS
Mr. Goutama Viswamitra	IV yr. MBBS
Mr. Keshav Rathi	I yr. MBBS
Mr. Nithin Rajkumar	IV yr. MBBS



Kabaddi (Women) - Winners	
Name	Year & Course
Dr. Shaik Sameena Anjum	CRRRI-MBBS
Ms. Janani T	III yr. MBBS
Ms. Priyankha S	III yr. MBBS
Ms. Oviya S	III yr. MBBS
Ms. Oviya E	III yr. MBBS
Ms. Smirtai P	III yr. MBBS
Ms. Ayesha Thasneem	III yr. MBBS
Ms. Anushka R	III yr. MBBS
Ms. Priya S J	II yr. MBBS
Ms. Anushree N	II yr. MBBS
Ms. Akshaya Reddy	II yr. MBBS
Ms. Varshini A	II yr. MBBS

Table Tennis (Men) -Winners	
Name	Year & Course
Dr. Rohit K R	III yr. M.D. Sports Medicine
Mr. S.Aditya	IV yr. MBBS
Mr. Jay Gadiya	II yr. MBBS
Mr. Dhanush Venkata Sainath Reddy B	II yr. MBBS

Athletics (Women)	
200mts (Women) - 1st Place & 3rd Place	
Name	Year & Course
Ms.Keerthi K	III yr. BDS
Ms. Nirainilla A	I yr. BDS

400mts (Women) - 3rd Place	
Name	Year & Course
Ms. Bhavika Dugar	IV yr. BDS

800mts (Women) - 1st Place	
Name	Year & Course
Ms. Bhavika Dugar	IV yr. BDS

Long Jump (Women) - 2nd Place & 3rd Place	
Name	Year & Course
Ms. Keerthi K.	III yr. BDS
Ms. Bhavika Dugar	IV yr. BDS

Discus Throw (Women) - 3rd Place	
Name	Year & Course
Ms. Shivani K.	I yr. MBBS



Bridges 16th Anniversary Competition - Details of Prize Winners

Name	Dept. / Year & Programme	Prize
Our Campus Photography Mr. Satheesh S. Mr. Mohamed Hishaam H.H. Ms. Semmalar D.	III yr. BBA II yr. BOT Asst. Manager, Dean (Education)	First Second Third
Colours Dr. Mahalakshmi R. Dr. Bournika E. Ms. Varshini M.B.	Sr. Lecturer, Faculty of Clinical Research Research Scholar, Dept. of Oral Medicine & Radiology Research Scholar, Dept. of Clinical Nutrition	First Second Third
English Poems Ms. Ananya Anand Srinivasan Mr. S. Sai Aniruddha	IV yr. MBBS II yr. MBBS	First Second
Tamil Poems Ms. Praveena A.	Sr. Lab Technologist	First
Reels M.Rohith G.Alvin Noel K.Mahathi Nachiyar P.Princy Merlin	II yr. BOT	First
Debate Ms. Dwarithaa B. Dr. M. Rakchna	IV yr. BMS Asst. Prof., Dept. of Biochemistry	First Second
Highest Contributions to Bridges 2023-24 Ms. Sruthi K.	I yr. M. Sc. Audiology	

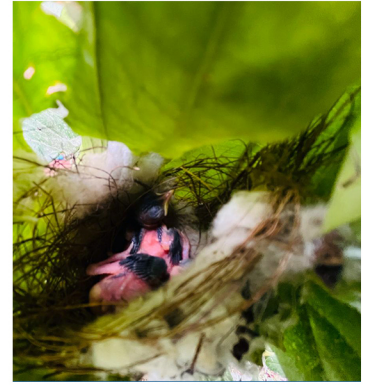
Prize winning entries



Mr. Satheesh
Alumni, III yr. BBA, SRFMS



Mr. Mohammed Hishaam H.H.
II yr. BOT



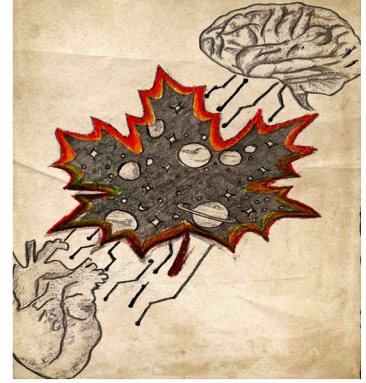
Ms. Semmalar D.
Asst. Manager, Dean (Education)



Dr. Mahalakshmi R
Sr. Lecturer,
Faculty of Clinical Research



Dr. Bournika E
Research Scholar,
Dept. of Oral Medicine &
Radiology



Ms. Varshini M.B.
Research Scholar,
Dept. of Clinical Nutrition

New Beginnings

Wake up calls-
While you'd just picture the wavy waterfalls,
A polar bear in the tundra
snuggling up to its cozy blanket, mincing its eyes at 'ra'

The five months of being idle-
Seamless Sundays & many an endless bridal-
with that sluggish look you'd give your mother,
Whilst in one corner, "Get up for a morning jog!"- would
be your father.

The pandemic was a lazy one too,
The incubation period, never ending, never a gullible
insect to shoo,
The late month of November
You'd sign up for a new life, a wonderful venture
An undergraduate like no other,
Bringing out lioness among women,
Lions among men
- Medicinae Baccaureus Baccaureus Chirurgiae

Ms. Ananya Anand Srinivasan,
IV yr. MBBS

என் கனா

என் வரிகளை எதிர்பார்த்து கனவு காணும் உங்களுக்கு
கனா இருக்கிறதா?

என் கனாவை பாருங்கள்.
என்ன பெரிதாக இருக்க போகிறது, இவள் கனவில்...

அன்பான உறவுகள்,
ஆரோக்கியமான உடல்
இனிமையான குணம்
ஈகை செய்யும் கரம்
உண்மையான நண்பன்
ஊர் மெச்சும் துணைவன்
என்னம் போல் இளமை
ஏற்றம் தரும் நல்ல வேலை
ஐயம் தீர்க்கும் ஓர் ஆசான்
ஒற்றை வரி காதல் கதை
ஓடம் போல ஒரு வாழ்க்கை
ஒளவுதம் இல்லா முதுமை,
அதே இருக்கும் இவள் கனவுகள்.
சரி தானே...

வேறு என்ன பெரிதாக இருக்க போகிறது, இவள் கனவில்...

Ms. Praveena A.
Sr. Lab Technologist