



SRI RAMACHANDRA
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Category - I Deemed to be University) Porur, Chennai



Bridges

Newsletter of SRIHER (DU)



July 2025

bridges@sriramachandra.edu.in

FROM THE EDITOR'S DESK

July has been a month of vibrant engagements and thought-provoking conversations at Sri Ramachandra Institute of Higher Education and Research. From classrooms to seminar halls and beyond, the spirit of inquiry and innovation is shining brightly across our faculties.

The Dept. of Forensic Medicine & Toxicology, SRMC & RI, inaugurated its flagship workshop 'Crime Scene to Courtroom', an initiative designed to bridge the gap between forensic science and the justice system. Equally inspiring was the National Seminar on 'Advancements and Innovations in Drug Discovery and Development (NSAID)', organised by the Sri Ramachandra Faculty of Pharmacy, the seminar became a fertile ground for exploring novel approaches that hold the promise of shaping the future of healthcare.

Adding a refreshing perspective to the month, the Dept. of Mind-Body Medicine & Lifestyle Sciences, in collaboration with the Dept. of Clinical Nutrition, SRFAHS, hosted the thematic session 'Go with the gut'. This event shed light on the fascinating link between the gut microbiome and brain health, with Dr. Palaniappan Manickam enriching the discussions with his expertise, leaving participants with practical insights on well-being.

July, in essence, has been a reminder of our institute's unwavering dedication to knowledge that not only educates but also transforms lives.

Stay inspired, stay curious, and above all - stay connected.

Dr. V. Deepa Parvathi
Managing Editor

ALUMNI CORNER



Dr. S. Karthick Prabhu (MBBS 1997-2002) was felicitated by Thiru R. N. Ravi, Governor of Tamil Nadu for his service in the field of Medicine on 'Doctors Day Felicitation Ceremony 2025' held on 13th July at Raj Bhavan, Chennai.



Dr. Suman C.P.S. (MBBS 1999-2004), Director, VGM Ortho Centre received the 'Award for Distinguished Services to Community', a State Level award for the community services from Dr. J. Rajamoorthy, Director of Medical and Rural Health Services, Tamil on 6th July at Indian Medical Association - Tamil Nadu State Branch (IMA - TNSB).

BRIDGES COMMITTEE

Patron

Shri. V. R. Venkatachalam
Chancellor

Shri. R. V. Sengutuvan
Pro-Chancellor

Advisory Board

Prof. Uma Sekar
Vice-Chancellor

Prof. Mahesh Vakamudi
Pro Vice-Chancellor

Prof. K. V. Somasundaram
Professor of Eminence & Advisor (Academics)

Prof. S. Rangaswami
Professor of Eminence in Medical Education

Prof. Kalpana Balakrishnan
Dean (Research)

Managing Editor

Dr. V. Deepa Parvathi

Associate Managing Editors

Dr. Krupa M.
Dr. S. Sheela Ravinder

Creative Editors

Dr. P. A. Abhinand
Ms. Radhika C.M.

Acquisition Editors

Dr. M. Darshini
Dr. A. Manjula
Ms. Mona E.
Dr. Ramya S.
Dr. Shabna Roupal Morais
Dr. Sneha S.
Dr. Soumya A.
Dr. V. Supriya

Book Review

Dr. H. Thamizhchelvan

Student Members (Literary Club)

Ms. S.N. Pooja
Ms. Vhasavi Ragavan

Secretarial Assistance

Ms. P. Kavitha

Design

Mr. I. Joe Wenisch
Mr. M. Jagan
Mr. A. Bharath
Mr. M. Prabhakaran

Photography

Mr. A. Anand Kumar

Cover Photo

Ms. V. Shradha
II yr B. Sc. Medical Microbiology &
Applied Molecular Microbiology

ALUMNI CORNER



Dr. K. Govindaraj (MBBS 1985 -1990) Chairman, Dr. G. Viswanathan Hospitals was awarded 'Dr. M. S. Ashraf Doctor's Day Award 2025' on 27th July by Indian Medical Association – Thiruchirappalli Branch.

Dr. Mala Raj (PG Diploma in Obstetrics & Gynaecology 1996 -1997), Managing Director, Firm Hospital has been elected as Vice President, Chennai Menopause Society on 23rd July.



SRIHER MBBS Batch of 2015-2020 celebrated their alumni reunion on 19th July. 40 alumni attended.



SRIHER MBBS Batch of 2005-2010 celebrated their alumni reunion from 4th to 6th July at Darza Resorts, Coimbatore. 35 alumni attended.

The following Depts. of SRMC&RI celebrated their Silver Jubilee with alumni reunions:



Dept. of Microbiology on 12th July. 99 alumni attended.



Dept. of Dermatology on 23rd July. 60 alumni attended.



Dept. of Physiology, on 23rd July. 55 alumni attended.

Dept. of Clinical Nutrition, Sri Ramachandra Faculty of Allied Health Sciences (SRFAHS), organised a session as part of its Alumni Webinar Series on the topic 'Maternal Nutrition and Fertility – Role and Scope of a Dietician' on 19th July. The session was delivered by Ms. HariPriya. N., B. Sc. Clinical Nutrition (2015-2018), M. Sc. Clinical Nutrition (2018-2019), Executive Nutritionist, Cloudnine Hospital, Chennai, addressing the crucial role dieticians play in managing nutrition during preconception, pregnancy and fertility care. 100 students attended.



Dept. of Pharmacology, SRMC & RI, conducted the 'SPAN2025 - Sri Ramachandra Pharmacologists' Alumni Network 2025 on 26th July. Dr. Madhuram A., (M.D. Pharmacology 2004-2007), Deputy Registrar, Sri Balaji Vidyapeeth delivered a motivational speech. 30 alumni attended.



Dept. of Community Medicine on 19th July. 75 PG alumni attended. Dr. Kesavalu Educational Trust Annual Award for Gold Medal at the Dept. of Community Medicine was instituted during the programme.



Sri Ramachandra Faculty of Audiology, Speech Language Pathology (SRFASLP), conducted their Annual General Body meeting on 20th July. Two guest lectures on 'Role of Audiologist in a Cochlear Implant Programme' by Ms. Keerthana Hariharan (B. ASLP 2011-2015), Senior Clinical Specialist – TN & Andhra, Advanced Bionics and 'Integrating Camps in Clinical Practice' by Ms. Sharadha L.N. (B. ASLP 2006-2010), Senior Consultant Speech Language Pathologist, Aramba – Unit of Abilities Multidisciplinary Rehabilitation Centre were organised. 85 alumni attended.

HAPPENINGS



Centre for Professional Development (CPD) & Dept. of Medical Education (DOME) SRIHER, organised a workshop, We C.A.R.E (Communication, Attentiveness, Respect, Empathy) 'Looking Beyond AETCOM' for the internal members of the constituent colleges and external faculty members on 24th, 25th, 29th & 30th July. Dr. Veena Raman, Assoc. Prof., Pennsylvania State University, USA was the resource person. This project was funded by SPARC. 28 participants attended the workshop.



SRIHER signed an MoU with the Center for Radiological Research (CRR) at Columbia University, New York on 10th July to foster international collaboration in the field of radiation sciences. This academic collaboration is part of SPARC (Scheme for Promotion of Academic and Research Collaboration), funded project supported by the Government of India and Dr. Guy Garty, Asso. Prof., Radiation Oncology and Director of the Radiological Research Accelerator Facility, Columbia University.



SRIHER organised the Founder Chancellor Sri. N.P.V. Ramasamy Udayar Oration in Neurosurgery titled 'The Bummock of Higher Education,' delivered by Dr. Sanjay Behari, Director, Sree Chitra Tirunal Institute for Medical Sciences & Technology, Thiruvananthapuram on 16th July. 150 participants attended.



National Medicos Organisation (NMO), SRIHER, in collaboration with Arogyabharathi Tamil Nadu, organised a Women Wellness Medical Camp at Holy Cross Mat. Higher Sec. School, Thiruvottriyur on 5th July. Consultants from the Depts. of General Medicine, Obstetrics & Gynaecology, Optometry, and Physiotherapy, supported by 10 student volunteers offered a comprehensive range of health services. 127 women benefitted.

HAPPENINGS

Dept. of Pathology, SRMC&RI organised the 13th Clinico-Patho-logical Conference from 22nd to 27th July. The conference featured three intriguing case presentations titled 'From blisters to bulk: Masqueraders in men'. 180 participants from Depts. of Endocrinology, Radiology and Urology attended.

Dept. of Pathology, SRMC&RI conducted a guest lecture on 'Pigmented mucosal lesions: Not all that is dark is Melanoma' on 23rd July. Dr. Priyadharsini Nagarajan, Associate Professor, Department of Pathology, University of Texas, MD Anderson Cancer Center, Houston, USA was the resource person.

Dr.G.A.Vasugi, Assoc. Prof., Dept. of Pathology won the third prize in the oral paper presentation titled 'Molecular conundrums in lung cancer' in the conference titled 'TAPCON 2025 Tamil Nadu and Pondicherry Chapter of IAPM' on 25th & 26th July at Stanley Medical College, Chennai.

Dept. of Pharmacology, SRMC&RI, and Clinical Research Co-ordination Committee, SRIHER, organised a webinar on 'Navigating the Nuances of New Drugs and Clinical Trials (NDCT) 2019 Rules' on 18th July. Prof. Anant Patil, Head, Dept. of Pharmacology, Dr. D.Y. Patil Medical College, Navi Mumbai, was the resource person. 282 faculty members, researchers and students participated.



Dept. of General Medicine, SRMC&RI, organised 'Medi-clinics Conference' from 11th to 13th July. The conference included case vignettes, spot case discussions, a highly interactive quiz competition, and a hands-on 2D Echo workshop designed to challenge and enhance diagnostic skills. 400 members attended.



Dept. of Community Medicine, SRMC&RI organised a guest lecture on 'From Lecture Halls to Frontlines: A Journey in Field Epidemiology' on 19th July by Dr. Nivethitha N., (M.D. Community Medicine 2016-17) Consultant, Public Health Workforce Development, SAFETYNET, New Delhi. 234 MBBS and PG students participated.



Dept. of Plastic Surgery, SRMC&RI, celebrated World Plastic Surgery Day on 15th July to raise public awareness about the scope and significance of plastic surgery. Faculty members, PG students, and allied health professionals actively engaged the community and displayed educational posters. 80 members of the public attended.

HAPPENINGS

Depts. of Endocrinology, Diabetes & Metabolism and General Medicine, SRMC&RI, jointly conducted a CME on 'Diabetes Medley' on 18th July. The programme focused on multidisciplinary approaches to common clinical challenges in persons with diabetes. Dr. A. Sureshkumar, Sr. Consultant, Infectious Diseases, Apollo Hospitals & Sundaram Medical Foundation, Chennai was the invited speaker. 100 faculty members, PG students, and clinicians attended.

Dept. of Neonatology & Dept. of Paediatrics, SRMC&RI conducted the National Neonatology Forum (NNF) Monthly Class on 'A single slice of PIE' on 24th July. 20 Senior Residents and faculty members from SRIHER and outside hospitals attended.



Dept. of Neonatology & Dept. of Paediatrics, SRMC&RI, conducted the 20th workshop on 'Neonatal & Paediatric Ventilation' featuring live online lectures and hands-on workshop on 28th June, 31st July and 1st August. Dr. Usha Devi R Assistant Professor, Dept. of Neonatology, JIPMER, Puducherry, Dr. Thinesh Kumar J, Consultant, Neonatology, Rainbow Hospital, Chennai were the resource persons. 80 participants from South India attended.



Dept. of Neonatology, SRMC&RI, conducted a workshop on 'AI for Research Methodology' on 22nd July. 25 PG students and faculty members attended.



Dept. of Forensic Medicine & Toxicology, SRMC&RI, hosted the inauguration of its flagship workshop, 'Crime Scene to Courtroom' on 19th July. Designed for the Investigating Officers of the Avadi Commissionerate, this programme aimed to deepen their scientific discipline and procedural integrity in crime scene management and evidence preservation. Additional Commissioner of Police and IGP Ms. K. Bhavaneeswari, IPS, was the special invitee. Guest lectures were delivered by Forensic and Legal experts from the state. 60 Police officers from the Avadi Commissionerate participated.

HAPPENINGS



Centre for Professional Development, conducted the 'SRIHER-L2 Course in Educational Leadership and Curricular Governance' for 31 faculty members of Constituent Colleges on 17th & 18th July.



SRFASLP conducted a Clinical Lecture and Workshop Series (CliWS) on 'Management of Cleft Lip and Palate - II' on 2nd July. The programme centred on the management of speech errors in children with cleft lip and palate. 93 students and faculty members participated.



SRFASLP observed World Misophonia Awareness Day on 9th July with a special talk and interactive session. The event included engaging activities designed to highlight common misophonic triggers, providing participants with insights into the condition from a lived-experience perspective. 133 students and faculty members attended.



Dept. of Pharmacology, Sri Ramachandra Faculty of Pharmacy (SRFoP), organised a National Seminar on 'Advancements and Innovations in Drug Discovery and Development (NSAID)' on 18th July. Mr. P. Vijayakumar, Lead Scientist, Apex Laboratories Pvt. Ltd., was the invited speaker. 42 students attended.

HAPPENINGS



SRFASLP organised a session titled 'The Mind Behind the Mirror: Making of a Star' on 16th and 30th July, focusing on mental health and well-being. Through interactive activities, students were encouraged to reflect on their inner thoughts and emotions, while being motivated toward holistic personal development. 189 students attended.



Sri Ramachandra Faculty of Management Sciences (SRFMS) organised guest lectures by Mr. Arun Kumar, IIS, Director, Prime Minister's Communication Cell and Mr. K.G. Sabrish, Business Head, Asia Pacific Bluedot Air Ambulance India Ltd. during the under graduate orientation and induction programme on 8th July. 120 students participated.



SRFMS in association with The Institute of Cost Accountants of India celebrated the 166th Income Tax Day 2025 on 24th July. Mr. S. Ramesh, IRS, Asst. Commissioner of Customs (Retd.), Chennai and Ms. Bhargavi Kapa, ACMA, Practicing Cost Accountant, were the chief guests. 150 students participated.



Sri Ramachandra Faculty of Occupational Therapy, (SRFOT), organised COTE to commemorate International Self-care Day on the theme 'The importance of self-care as a foundation for health and well-being' on 24th July. The guest speaker was Mr. Buvanesh R., Director, Creating Links, Bangalore. 210 students and faculty members participated.

HAPPENINGS



Dept. of Pharmacology, SRFoP, organised 'Soft Skill Development Programme on Application of Animation Tools in Teaching' on 31st July. The programme focused on enhancing teaching skills through the effective use of animation tools. 19 faculty members attended.



Dept. of Mind-Body Medicine & Lifestyle Sciences, Sri Ramachandra Faculty of Behavioural and Social Sciences (SRFBSS), conducted a session on 'Destressing, team building and mental well-being' for staff at the office of Controller of Examinations, SRIHER on 5th and 8th July. 40 staff members participated.



Dept. of Mind-Body Medicine & Lifestyle Sciences, SRFBSS, in association with the Dept. of Clinical Nutrition, SRFAHS, organised a thematic session 'Go with the gut' on 16th July, focusing on the dynamic connection between the gut microbiome and brain health. Dr. Palaniappan Manickam, Consultant Gastroenterologist and Public Health Advocate and Medcom creator, was the resource person. 300 students and faculty members attended.

Dept. of Mind-Body Medicine & Lifestyle Sciences, SRFBSS, organised an experiential session on 'Mindful Eating', introducing students to the science and philosophy behind conscious nutrition as a cornerstone of holistic health. 43 students attended.

Dept. of Mind-Body Medicine & Lifestyle Sciences, SRFBSS, in association with HR-SRMC, conducted a session on 'Destressing, mental well-being and digital detox' and followed by a one-on-one coaching session for IT professionals at GE Vernova, Chennai on 22nd July. 35 professionals attended.

Division of Humanities, SRFAHS, organised 'Aura'- Igniting English vibes, an Induction Programme for freshers on 19th July. The programme had a variety of engaging activities like Advanced Vocabulary alternatives, Buck list Bingo, and Ad Zap. 369 students attended.

Dept. of Trauma Care Management, SRFAHS, organised STEPS National Webinar Series #38 on 'Toxicological Emergencies-Part XIV' on 23rd July. The resource persons were Ms. Nisha R., Lecturer, SRM Institute of Medical College, and Mr. Mohan Ram K., Emergency Paramedic, KMC Hospital, Manipal. 150 participants attended.

HAPPENINGS



Founder-Chancellor Merit-cum-Means Scholarship for the academic year 2025-2026 was awarded to 184 students across various constituent colleges on 11th July.

Dept. of TCM, SRFAHS in collaboration with the Dept. of Medical Surgical Nursing, Sri Ramachandra Faculty of Nursing (SRFoN) organised a skill-based Basic Life Support training session for the 3rd year UG students on 19th July. 110 students attended.

Dept. of TCM, SRFAHS, conducted a BLS training session for 60 M.D. students on 31st July.



Dept. of TCM, SRFAHS, conducted Basic Life Support sessions on 23rd and 24th July. 90 interns from Sri Ramachandra Dental College and Hospital (SRDC & H) attended.



Dept. of Emergency Medicine, SRMC & RI conducted a City Meet on 26th July. 58 students and faculty members attended.

Dept. of Optometry, SRFAHS, conducted a webinar (hybrid) on 5th July on 'Recent Advancements in Specialty Contact Lens' with Mdm. Marliana Bt Mahmud, Lecturer, Dept. of Optometry, Management & Science University, Malaysia as the resource person. 150 UG and PG students attended.

HAPPENINGS



Dept. of Nursing, Sri Ramachandra Hospital, organised an in-house Continuing Nursing Education (CNE) in Surgical Nursing on 'The Lower GI Landscape: A Nursing Exploration from Anatomy to Advanced Care – Mastering every step of the Journey' from 29th to 30th July. 50 nurses attended.



Chennai, Tamil Nadu, India



Chennai, Tamil Nadu, India

Nursing Education Unit, SRFoN, organised a seminar on 'Innovative Pedagogy in Nursing Education' on 29th July, delivered by Dr. Manju C. Pallam, Sr. Lecturer, Manchester Metropolitan University, UK. 250 students and faculty members attended.



SRFoN hosted TNAI 31st State SNAI Biennial Conference, Zonal competitions of Zone 1 – Chennai, on 12th July. Dr. S. Ani Grace Kalaimathi, President, TNAI Tamil Nadu State Branch and Registrar, Tamil Nadu Nurses and Midwives Council, addressed the gathering. 15 events were conducted concurrently. 465 students, 29 SNAI advisors from 22 colleges from Chennai participated.



Chennai, Tamil Nadu, India
Mount Poonamallee High Road, Porur,
Chennai, Tamil Nadu 600116, India
Lat 13.036742, Long 80.144817
07/30/2025 12:21 PM GMT+05:30
Note : Captured by GPS Map Camera

Faculty of Physiotherapy, SRIHER organised a FDP on 'Systematic Review' on 30th July. Dr. Ashokan Arumugam, Assoc. Prof., Dept. of Physiotherapy, College of Health Sciences, University of Sharjah, UAE, was the resource person. 22 faculty members participated.

HAPPENINGS



Dept. of Musculoskeletal Physiotherapy, SRFOP organised a workshop on 'Clinical Reasoning in Musculoskeletal Practice- A Manual Therapy Perspective' on 31st July. Dr. Ashokan Arumugam, Assoc. Prof., Dept. of Physiotherapy, College of Health Sciences, University of Sharjah, UAE, was the resource person. 20 PGs participated.



Mr. K. Soundararajan, Asst. Prof., Sri Ramachandra Faculty of Physiotherapy, was awarded the Outstanding Academic Mentor Award by Shanmuga College of Physiotherapy, Karaikal on 12th July.

Sri Ramachandra Faculty of Physiotherapy in association with Australian and New Zealand Society of Sarcopenia and Frailty Research organised a webinar commemorating World Sarcopenia Day on 2nd July. Dr. Ben Kirk, Sr. Research Fellow in Exercise Physiology, Dept. of Medicine, University of Melbourne and Dr. Ross Clark, Asso. Prof. in Sports and Exercise Science, University of Sunshine Coast, Australia were the resource persons. 347 participants attended.

Second-year PG students of the Dept. of Prosthodontics & Maxillofacial Prosthetics & Implantology, SRDC&H, clinched the overall Winner's Trophy in the Inter Prosthodontic League (IPL 2025) – 'Prostho Perfect Champ' – held at SRM Dental College, Ramapuram, on 11th July. Dr. Sarvesh Kulkarni Mahesh was awarded the title of 'Star of the IPL Series 2025'.

The PG students won the following prizes:

S. No	Name	Event	Prize
1.	Dr. Sowmya Ranjana Dr. Pranay Jain Dr. Kulkarni Sarvesh Mahesh	Prostho quiz kick off	I Prize
2.	Dr. Kulkarni Sarvesh Mahesh Dr. Pranay Jain Dr. Sowmya Ranjana	League of Legends 'Who am I'	I Prize
3.	Dr. Subiksha J Dr. Sowmya Ranjana	Tactile toss 'Blind it and find it'	I Prize
4.	Dr. Dr. Pilluta Sai Karthik Dr. Banuchandar J Dr. Kulkarni Sarvesh Mahesh Dr. Pranay Jain	Escape the lab - prostho lockdown	I Prize

HAPPENINGS

S. No	Name	Event	Prize
5.	Dr. Subiksha J	Debate Arena	Runner up
6.	Dr. Banuchandar J Dr. Pilluta Sai Karthik Dr. Sowmya Ranjana Dr. Sarvesh Kulkarni Dr. Pranay Jain Dr. Subiksha	Clinic chase event 'Diagnosis and Treatment Planning'	Runner up
7.	Dr. Kulkarni Sarvesh Mahesh Dr. Pranay Jain Dr. Banuchandar J Dr. Sowmya Ranjana	Grand finale events	I Prize

Students from the Dept. of Oral Medicine & Radiology attended a CDE 'An Insight into OPMD and Oral Cancer', conducted by Tagore Dental College & Hospital on 16th July and won the following awards in poster presentation:



S. No	Name	Year & Programme	Prize & Event
1.	Dr. Sneha Priya	II yr. MDS, Dept. of Oral Medicine & Radiology	II Place Poster Presentation
2.	Mr. Raghuram M. Mr. Ganesh T.	CRI	III Place Poster Presentation



SRDC&H, in collaboration with Amrita School of Dentistry, conducted a series of academic sessions under the initiative 'Tele Dentistry', of which the 7th Session was held on 16th July, aimed at fostering inter-institutional academic engagement and enhancing clinical learning. Seven speciality-coordinated sessions were held, each featuring detailed case-based presentations, expert commentary, and interactive discussions. 30 students participated.

HAPPENINGS



Dept. of Laboratory Medicine, SRMC&RI, and SRDC&H, in association with the Indian Dental Association, Thiruvallur branch organised 15th CDE programme on 'Stop before Spurts', a bleeding disorder workshop for Dentists on 28th July. The programme was designed to help dental practitioners understand ways to handle patients with bleeding disorders. Dr. Femela Muniraj, Sr. Consultant, Kaveri Hospitals, was the resource person. 78 participants attended.



Dept. of Cardiology, SRMC&RI, conducted a special lecture on 'The CKD-HF Connection: Better Outcomes with ARNI' on 25th July. 25 students and faculty members attended.



Dept. of Cardiology, SRMC&RI, conducted a special lecture on 'LDL-C variability and its management' on 11th July. 35 PG students and faculty members participated.

Dept. of Cardiology, SRMC&RI, organised 'The Grand Rounds Series' which commenced on 18th July with a session by Dr. Saurabh Kumar Gupta, Prof. of Cardiology, AIIMS, New Delhi, on the topic 'Virtual Dissection: Bringing the 3rd Dimension Closer'. 22 PG students and faculty members attended.



Dept. of Cardiology, SRMC&RI organised a guest lecture titled 'Bridging the Valleys of Death' delivered by Dr. Ganesan Karthikeyan, Prof. of Cardiology at AIIMS, New Delhi and Executive Director, THSTI, on 10th July. 140 students and faculty members attended.



Dept. of Cardiology, SRMC&RI organised a guest lecture on 'Tips & Tricks of CTO.' by Dr. Kenji Kawajiri, Vice-Director and Head of the Cardiovascular Dept., Matsubara Tokushukai Hospital, Osaka, Japan, on 21st July. 22 PG students and faculty members attended.

HAPPENINGS



SRFOT organised a Brain Health Screening & Awareness programme on 22nd July to commemorate World Brain Day on the theme 'Brain Health for All Ages' for the public and professionals at SRMC lobby. 150 participants benefitted.



Vidya Sudha served as the Nodal Centre for the South Chennai District Special Olympics Bharat, supporting young adults with intellectual and developmental disabilities. In collaboration with special schools and NGOs, Vidya Sudha organised district-level selection competitions for Football on 21st June with 72 athletes and Swimming on 29th June with 39 swimmers.

NSS ACTIVITIES



Eco Park Visit

NSS SRIHER - Units II, III, V and VI in collaboration with ExNoRa International Foundation, organised a visit to SIDCO Mullai Vanam Eco-Park on 11th July at Thirumullaivoyal. 116 volunteers contributed towards the goal of supporting afforestation.



Bio Diversity Park Cleaning

NSS SRIHER - Units II, III, V and VI teamed up with the Tamil Nadu Forest Dept. for a clean-up campaign at Kadambur Biodiversity Park guided by Forest Ranger, Mr. G. Moorthy. 146 volunteers removed 80 kg of waste including plastics and glass on 28th July.



Mango Farm Visit

NSS SRIHER and Inner Wheel Club of Madras Metro organised an educational visit to Hanu Raddy Farm in Guduvanchery on 25th July for students from Vayalanallur Government Middle School. The excursion brought together 32 students and teachers who engaged in various learning activities, including an environmental awareness quiz and an informative session on tree plantation practices.



Swachh Bharat Drive

NSS SRIHER - Units II and V in collaboration with Korattur Aeri Padhugappu Makkal Iyakkam, organised lake cleaning activity of the Korattur lake area. 72 volunteers cleared plastics and water hyacinth from pathways and lakebeds on 28th July.



Yoga Training

NSS SRIHER - Unit IV and Yoga Club of SRIHER conducted a yoga training programme for students of Chennai Govt. Girls Higher Secondary School, Perambur on 30th July. 70 students learnt various *yogasanas* focussing on physical and mental wellness.

NSS ACTIVITIES



Project VOICES

NSS SRIHER - Unit I and II and SRIHER English Literary Club jointly organised 'VOICES' at Perambur Govt. Girls Higher Secondary School on 30th July to provide foundational English language skills through creative methods. 62 students benefitted.

STUDENT COUNCIL ACTIVITIES



MedHope Club of SRIHER, in association with the Dept. of Transfusion Medicine and Dept. of Pediatric Hemato-Oncology, SRMC & RI, organised the Red Life-line Drive on 2nd July to mark Doctor's Day.



SRIHER (DU) welcomed the new batches for the academic year 2025-'26 for various allied health courses at SRIHER (DU) under the respective constituent faculties. The Student Council actively participated in a role play to familiarise the University's rules and regulations, during the inauguration held on 7th July 2025. 1200 students and their parents attended.

STUDENT COUNCIL ACTIVITIES



SRIHER Student Council 2025-2026 organised the Investiture Ceremony on the theme 'Every torch passed is a legacy continued and a future ignited', on the 4th July. Connexions & Convergence magazine were released during the programme. 150 students and faculty members attended



Medical Quiz Club of SRIHER, in collaboration with the Dept. of Neurosurgery, SRMC&RI, organised Grey Matters – A Neurosurgery Quiz for undergraduate students from various medical colleges. The competition featured two rounds: an online preliminary round on 10th July with 85 participants, followed by an offline final on 15th July, where teams competed in image interpretation, rapid-fire, and case-based neurosurgical scenarios. Dr. Sanjay Behari, Neurosurgeon at the Sree Chitra Tirunal Institute for Medical Sciences and Technology (SCTIMST) and President, Medical Assessment and Rating Board (MARB) under the National Medical Commission, graced the event as the special guest.

MedHope Club of SRIHER in association with Dept. of Pediatric Haemato-Oncology, SRMC&RI, and Student Council (2024-2025) organised the 9th edition of SPARK on 10th July. Six student volunteers engaged with four pediatric patients on modes of transportation and telling time.

English Literary Club of SRIHER in association with the Dept. of Physiology, SRMC&RI, organised an in-person reading event 'Chapter and Chill' on 21st July. Participants were encouraged to bring a book of their choice. 7 students participated.

Quiz Club of SRIHER, conducted 'InQUIZitive: General Trivia Quiz' on 25th July to foster a spirit of learning and curiosity. 14 student participants showcased their knowledge across a wide range of topics.

The SRIHER Quiz Club conducted 'Harry Potter meets Jeopardy' quiz on 18th July. 63 students competed.

The Music club of SRIHER, organised a jamming session on 25th July. 20 students participated.

Agal Tamil Club of SRIHER, organised an E-Poster Competition on the theme 'Towards a Plastic-Free Future' to mark International Plastic Bag Free Day on 30th July.

STUDENT COUNCIL ACTIVITIES

MedHope Club of SRIHER, in association with the Dept. of Pediatric Haemato-Oncology, SRMC&RI, organised SHINE (Smile, Happiness, Imagination, Nurturing, Engagement) on the 24th July. The event engaged four children in interactive sessions tailored to their age groups. Six student volunteers conducted activities such as puzzles and memory games, creating a cheerful and supportive environment.

Green Friends Organisation Club in association with NSS-SRIHER, conducted 'The Project I.N.S.P.I.R.E [Innovating and Nurturing through Science, Personal Growth, Insight, Resilience and Empowerment] R.E.A.D.S [Resources for Education, Aspiration and Developmental Support]' from 25th to 31st July. The goal of this event was to provide quality education by establishing a fully equipped library at the Government Girls' High Sec. School, Perambur, through a large-scale book donation drive at SRIHER.

SPORTS CORNER

Students of SRIHER won the following prizes in the Pegasus 2k25, Intercollegiate Sports and Cultural Festival 2025 conducted at CMC, Vellore from 30th June to 5th July.

Throw Ball (Men) - Winners

Name	Programme & Year of study
Mr. Bhuvaneesh S.L	II yr. M. Pharm.
Mr. R. J. Sapthagiri	II yr. M. Sc. Medical Bioinformatics
Mr. M. Yasar Ahamed	IV yr. B.Sc. Sports & Exercise Sciences
Mr. Aniruddh Subramaniam S.	III yr. BPT
Mr. Asfar Ahamed A.S.	II yr. BPT
Mr. Gokul Nath M.N.	I yr. BPT
Mr. Blessing Thanapal C.	II yr. AHS
Mr. Deepasudhan S.	IV yr. B. Sc. Nursing
Mr. Jatlin S.	III yr. B. Sc. Nursing
Mr. Paul A.	III yr. B. Sc. Nursing
Mr. Peter A.	III yr. B. Sc. Nursing
Mr. R. Akilan	IV yr. BBA

Carrom (Men)- Winners

Name	Programme & Year of study
Mr. Sriradhan B	Final yr. M.Sc. Medical Radiology and Imaging Technology
Mr. M. Bharath	II yr. M.PH. Occupational & Environmental Health Sciences

Badminton Mixed Doubles- Winners

Name	Programme & Year of study
Mr. Sanjai S.	IV yr. MBBS
Ms. Smrithi S. Narasimhan	III yr. B.Sc. Applied Psychology

Futsal (Women)- Runner's up

Name	Programme & Year
Ms. Oviya S.	IV yr. MBBS
Ms. Narravula Akshaya Reddy	III yr. MBBS
Ms. Pranavi Sivarajan	I yr. MBBS
Ms. Sudiksha Janoria	I yr. MBBS
Ms. Kavya Sree A. S.	IV yr. B. Sc. Sports & Exercise Sciences
Ms. Kripa Krishna Kumar	IV yr. B. Sc. Biomedical Sciences
Ms. Nadira Nithyanandan	IV yr. B. Sc. Biomedical Sciences
Ms. Anushka Garg	IV yr. B. Sc. Biomedical Sciences

SPORTS CORNER

Throw ball (Women) - Winners

Name	Programme & Year
Ms. S. Deena	Asst. Prof., SRET
Ms. Vasudha C.	Jr. Technologist, Cardiology
Ms. T. Karunya	II yr. M. Sc. Sports Psychology
Ms. Nikhila Raddy	III yr. MBBS
Ms. Jayalalitha G.	CRI, BDS
Ms. Kamarunisha Syed Fazal	CRI, BDS
Ms. Samyuktha K.V.	CRI, BDS
Ms. Deepthi M.	II yr. BDS
Ms. L. Madhumitha	III yr. B. Sc. Environmental Health Sciences
Ms. Chandhini B.	III yr. B.Sc. Sports & Exercise Sciences
Ms. Nirainilla A.	III yr. BDS
Ms. Rasika E.	II yr. Pharm D.
Ms. Aarthi M.	II yr. Pharm D.

Basketball (Women) - Winners

Name	Programme & Year
Ms. Nithila Sundresh	II yr. B. Sc. Sports & Exercise Sciences
Ms. Prathyusha G.	I yr. M.D. Paediatric Medicine
Ms. Shrin Shibani G.	Intern MBBS
Ms. Nikhila G.	III yr. MBBS
Ms. Isabelle Jaison	III yr. MBBS
Ms. Madhulika V. G.	I yr. MBBS
Ms. Hema Priya K.	II yr. M. Sc. Medical Laboratory Technolgy
Ms. Rajeswari M.	I yr. BDS
Ms. Rupa Mary Sai K.	IV yr. Bachelor of Physiotherapy
Ms. Harshitha R.	III yr. B. Sc. Medical Microbiology and Applied Molecular Biology

Carrom A Team (Women) - Winners

Name	Programme & Year
Ms. Krishna Priya P.	Intern B. ASLP
Ms. Samantha Andrews	III yr. B. Sc. Allied Health Sciences

Carrom B Team (Women) - Runner's up

Name	Programme & Year
Ms. Lavanya C.	III yr. B. Sc.
Ms. Bavatharani B.	Environmental Health Sciences

100mts & 200 mts (Women)- Second Place

Name	Programme & Year
Ms. Harshini P	III yr. B.ASLP

Table Tennis Singles (Women) Runner's up

Name	Programme & Year
Ms. E. Rethika Raj	IV yr. B. Sc. Biomedical Sciences

Shotput (Women)- Gold Medal

Name	Programme & Year
Ms. Lokshana Sri P	III yr. B. Sc. Sports & Exercise Sciences

Table Tennis Doubles (Women) Winners

Name	Programme & Year
Ms. S. Dhivya	IV yr. MBBS
Ms. E. Rethika Raj	IV yr. B. Sc. Biomedical Medical Sciences

Long Jump (Women)- Silver Medal

Name	Programme & Year
Ms. Mahathi Nachiyar K.	II yr. BOT

SPORTS CORNER

Students and faculty members of SRIHER won the following prizes in the Y.M.C.A Buck Memorial Sports Festival 2025 Intercollegiate Tournament 2025 held at Nandanam, Chennai, from 22nd to 25th July.

Tennis (Men) - Runner's Up	
Name	Programme & Year
Mr. Surya R.	II yr. B. Pharmacy

Tennis (Men) - Runner's Up	
Name	Programme & Year
Mr. Anandraj Bhavanan	III yr. B. Sc. Sports & Exercise Sciences

Basketball (Women)- Runner's Up	
Name	Programme & Year
Ms. Aaisha Ehsan	I yr. M. Sc. Sports Psychology
Ms. Hema Priya K.	II yr. M. Sc. Medical Laboratory Technology
Ms. Harshitha R.	III yr. Medical Microbiology
Ms. Harini M. D.	IV yr. B. Sc. Sports & Exercise Sciences
Ms. Abihya Biju	III yr. B. Sc. Sports & Exercise Sciences
Ms. Dhanushya S. T.	III yr. B. Sc. Sports & Exercise Sciences
Ms. Gobriella Joanna	III yr. B. Sc. Sports & Exercise Sciences
Ms. Kirti Choudhary	III yr. B. Sc. Clinical Nutrition
Ms. Tanishtha Kapur	II yr. B. Sc. Sports & Exercise Sciences
Ms. Laksha Joseph	II yr. Sports & Exercise Sciences
Ms. Shreeya B. A.	II yr. Sports & Exercise Sciences
Ms. Megha J. Thekkumkatti	II yr. B.Sc. Nursing

Badminton (Women) - III Place	
Name	Programme & Year
Dr. C. Pushparani	Director, Physical Education
Ms. S. Senthamizh Selvi	Sr. Physical Training Instructor

Throw ball (Men) - III Place	
Name	Programme & Year
Mr. Rajeswaran G.	Sr. Supervisor, SRET
Mr. Manoj Kumar R.	Senior Physical Training Instructor
Mr. Venugopal S.	Senior Physical Training Instructor
Mr. Arunkumar K.	House Keeping
Mr. Manoj Prabu M.	Junior Staff Nurse Respiratory (ICU)
Mr. Guru Prasaadh V.C.	Junior Staff Nurse G Block-Surgical (ICU)
Mr. Sanjai Kumar S.	Junior Staff Nurse Medical (ICU)
Mr. Abisheik P.	Junior Staff Nurse
Mr. Jenish R. S.	Junior Staff Nurse
Mr. Shaheen M. B. S	Junior Staff Nurse
Mr. Parthiban B. L	Junior Staff Nurse
Mr. Joshua P.	Junior Staff Nurse

SPORTS CORNER

Throw ball (Women) - Winners

Name	Programme & Year
Dr. Latha Nirmal	Lecturer, SRDC
Dr. Soumya A.	Senior Lecturer, SRDC
Dr. C. Pushparani	Director, Physical Education
Ms. S. Senthamizh Selvi	Senior Physical Training Instructor
Dr. R. Srimathi	Asst. Prof., SRFOP
Dr. Lalitha S.	Asst. Prof., Physiology
Ms. B. Malathy	Asst. Manager, Cardiology
Dr. Deena S.	Asst. Prof., SRET
Dr. D. Reshma	Asst. Administrator
Dr. Leena Pavitha	Asst. Prof., SFOP
Ms. Muthu Divya	Staff Nurse, G Block OT
Ms. Vasudha C.	Jr. Technologist, Cardiology
Ms. Kamaleeswari H.	HR - Trainee Executive

Students of SRIHER won 4th place in 'Futsal' during the AVM Trophy 2025, Intercollegiate Tournament at Avichi College of Arts and Science, conducted on 31st July and 1st August.

Futsal (Men) - 4th Place

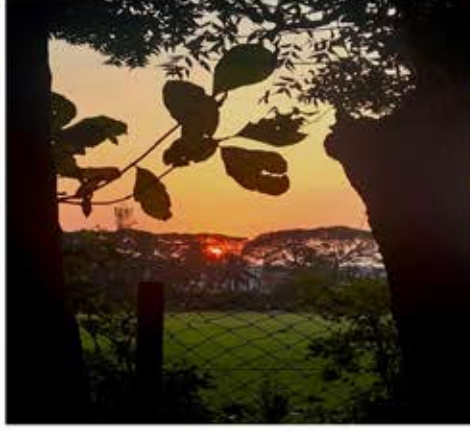
Name	Programme & Year
Mr. Jaison J.	II yr., MBA
Mr. Ruban Azeria W.	Intern, B.Sc. Sports Exercise & Sciences
Mr. Manorajan V.	Intern, B.Sc. Sports Exercise & Sciences
Mr. Vishal Gurumoorthi G.	Intern, B.Sc. Sports Exercise & Sciences
Mr. Solomon M.	III yr. BPT
Mr. Rahulraj M.	III yr. B. Tech.
Mr. Mohamed Naveed S.	III yr. Bachelor of Occupational Therapy
Mr. Prithivi Raj K.	II yr. B. Sc. Trauma Care Management
Mr. Mohamed Mufeed	II yr. BPT



READERS' CORNER



Ms. Abinaya G.
III yr. B. Sc. Nursing



Ms. Asmita Das
II yr. B. Pharm



Ms. Suparanjana Maheswaran
II yr. B. ASLP

The Expanse: An Ode

Through the hurricane,
Through the wind,
Through the breeze,
I fly with ease.
Conquering the final quest by defeating the dust.
Through man-made smoke,
I woke.
Only to find a beautiful somewhere,
With my friend named AIR.
Spaces between us,
With a sound of hush
Has made me rush
To realise the note 'buzz'.
Dissecting, I was blown,
That I am alone,
Not lonely,
But loving myself truly.
Winning this chase,
With my friend named SPACE.

Ms. Varshini M. B.
Ph. D. Scholar
Dept. of Clinical Nutrition

சுமைதாங்கி

பொற்காலமாக இருந்தாலும்
இவள் தலையில் எழுதியதோ
கற்காலம் தான் எப்போதும்!
தொலைந்ததே வாழ்வு
என தலையில் கை வைத்து
புலம்புவார் பூமியிலே!
தன் வாழ்வு தொலைக்காமல்
தற்காத்து வைப்பதற்காக தலையில்
கை வைக்கிறாள் இவள்!
வாழ்வில் தலைக்கனம்
பிடித்தவர் உண்டு!
தலைகனமே வாழ்வாக
ஆகிப்போனது இவளுக்கு!
சின்ன தெருக்கள்
பறந்து விரிந்த சாலைகள்
அடுக்குமாடி குடியிருப்புகள் தனித்தனி வீடுகள்!
எதுவாயினும் அடுத்தவர்
தேவைக்கான பொருட்களை
அலுக்காமல் சுமக்கும் இவள்!
அடுத்த வேலை குடும்ப உயர்வுக்காக
இவளின் மனச்சுமைகள் மனிதம் அறியாது!
இவளின் பொருட்களின் விலையை குறைத்து!
லாபம் கண்ட பலர்
இவளின் சுமை கண்டதில்லை!

Mr. A.S. Purushothaman
Assistant, COE's office